

I. RESET YOUR THINKING

A. My Way of Thinking

1. Mindset: Our general mental attitude and outlook on life.
2. Perspective: My point of view. The way I see things.
3. Belief System: My values and principles that guide my way of thinking.

B. Understanding the Origin of Thoughts

1. Our thoughts:
 - Thoughts that originate within us.
 - Thoughts from our human nature.
 - Thoughts from our emotions, feelings, or imagination.
2. God's thoughts:
 - Thoughts that God prompts in our life.
 - While God may initiate some thoughts that connect through our natural mind, He will connect with our spirit once we are born again.
3. Satan's thoughts:
 - Satan will initiate thoughts in our mind.
 - His thoughts lead us away from truth.
 - His thoughts lead us away from God.
 - His thoughts lead us into deception and error.

PASTOR'S NOTE: *We must learn to discern where our thoughts originate. Once we recognize whose voice is influencing our inner life, we can respond wisely, ensuring that every thought strengthens and blesses us by moving us forward in God's purpose for our lives.*

C. Examples of How Satan Uses Our Thought Life

1. Judas
 - **John 13:2**
NKJV "And supper being ended, the devil having already put it into the heart of Judas Iscariot, Simon's son, to betray Him..."

Weymouth “While supper was proceeding, the Devil having by this time suggested to Judas Iscariot, the son of Simon, the thought of betraying Him, Jesus...”

AMPC “So [it was] during supper, Satan having already put the thought of betraying Jesus in the heart of Judas Iscariot, Simon’s son...”

TPT “Before their evening meal had begun, the accuser had already deeply embedded betrayal into the heart of Judas Iscariot, the son of Simon.”

2. Ananias and Sapphira

• **Acts 5:3**

NKJV “But Peter said, ‘Ananias, why has Satan filled your heart to lie to the Holy Spirit and keep back *part* of the price of the land for yourself?’”

NLT “Then Peter said, ‘Ananias, why have you let Satan fill your heart? You lied to the Holy Spirit, and you kept some of the money for yourself.’”

PASTOR’S NOTE: *The deception that worked against Ananias and Sapphira began with a suggestive thought. Rather than casting it out while it was still just a thought, they entertained it, allowing it to deeply root in their heart.*

3. Thoughts are neutral until we choose to give them our attention.

- Once we allow a thought to gain our attention, it will progress into a way of thinking or a thought pattern.
- When thoughts are left unchecked and are allowed to lodge themselves in our heart, they become much more difficult to reset.

4. God’s pattern for resetting our thoughts:

• **2 Corinthians 10:4-5**

NKJV “For the weapons of our warfare *are* not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ...”

- **2 Corinthians 10: 5-6**

MSG “We use our powerful God-tools for smashing warped philosophies, tearing down barriers erected against the truth of God, fitting every loose thought and emotion and impulse into the structure of life shaped by Christ. Our tools are ready at hand for clearing the ground of every obstruction and building lives of obedience into maturity.”

D. Jesus Initiated a Different Way of Thinking

1. Jesus initiated thought resets!

- **Matthew 5:27-28**

NKJV “You have heard that it was said to those of old, ‘You shall not commit adultery.’ But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.”

CEV “But I tell you if you look at another woman and want her, you are already unfaithful in your thoughts.”

PASTOR’S NOTE: *Jesus didn’t just address the outward act of sin. He confronted the sin in our thought life before it ever became an action. Jesus could have said: “Reset your thoughts and you will not commit the act of adultery.”*

II. THOUGHT RESETS AND MIND RENEWAL

A. Every Believer Requires Mind Renewal

1. Romans 12:2

KJV “And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.”

AMPC “Do not be conformed to this world (this age), [fashioned after and adapted to its external, superficial customs], but be transformed (changed) by the [entire] renewal of your mind [by its new ideals and its new attitude], so that you may prove [for yourselves] what is the good and acceptable and perfect will of God, even the thing which is good and acceptable and perfect [in His sight for you].”

TPT “Stop imitating the ideals and opinions of the culture around you, but be inwardly transformed by the Holy Spirit through a total reformation of how

you think. This will empower you to discern God’s will as you live a beautiful life, satisfying and perfect in his eyes.”

2. Indicators that you need a thought reset and mind renewal:
 - a. When your way of thinking is not in line with God’s way of thinking.
 - Do your thoughts agree with what God says about you?
 - Do your thoughts agree with who God says you are?
 - Do your thoughts agree with what God says you can expect?
 - Do your thoughts agree with what God says you can do?
 - b. When you have allowed your thoughts and mindsets to be influenced by this world’s way of thinking.
 - Are your thoughts and mindsets any different than those who are unsaved or of this world’s system?
 - Do your unsaved friends celebrate how you think, or do your thoughts contrast their mindsets?

PASTOR’S NOTE: *The way of thinking for the believer should be in direct contrast to the culture of this world’s system. When no difference can be seen between my way of thinking and the thinking of those who have not been born again, there must be error somewhere.*

- c. When your way of thinking is not producing satisfactory results in your life.
 - Always check the fruit.

B. How Do I Reset My Thinking?

1. Spend much time reading and meditating in God’s Word.
 - Consistent meditation bears spiritual fruit.
 - The believer becomes like the tree in Psalm 1, *“planted by streams of water, yielding fruit in season.”*
 - **Psalm 1:1-3**
NKJV *“Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; But his delight is in the law of the Lord, And in His law he meditates day and night. He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.”*
2. **Joshua 1:8 NKJV** *“This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according*

to all that is written in it. For then you will make your way prosperous, and then you will have good success.”

MSG “And don't for a minute let this Book of The Revelation be out of mind. Ponder and meditate on it day and night, making sure you practice everything written in it. Then you'll get where you're going; then you'll succeed.”

PASTOR'S NOTE: *God's recipe for success in taking possession of what He had promised the children of Israel was for them to meditate in His Word / promises day and night.*

- *They were not to think like the previous generation.*
- *They were not to think like family members that missed it.*
- *They were to develop their way of thinking based upon God's Word.*

This is always the remedy for resetting the mind and having God's blessing for success.

III. CLOSING THOUGHT FROM “RESET”

- **Pg. 62:** *“Whenever your mind is consumed with thinking about your failures, meditate on God, the One who is always faithful. Doing so will reset your thinking back to the right thought patterns. You will be blessed! You will be prosperous! You will succeed!”*