

I. Review

A. Previous Session

1. Our better covenant of health

- a. God provides divine healing and divine health for His people.
- b. Through covenant, God gave His people immunity from sickness and disease.
- c. Since the old covenant with Israel included healing, under the new covenant based upon Jesus' blood, we have a better covenant of healing and health.

II. Accessing your covenant of health

- A. Proverbs 4:20-22 NKJV** "My son, give attention to my words; Incline your ear to my sayings. Do not let them depart from your eyes; Keep them in the midst of your heart; For they *are* life to those who find them, And health to all their flesh"

NLT "They bring life to those who find them and healing to their whole body."

1. We find and access this divine life of God which produces health in our bodies – as we pursue the answers in the pages of God's Word.

2. Life and Health

- a. **Life** = alive, fresh, flowing, fresh, renewal > *the God kind of life*
- b. **Health** =medicine, cure, deliverance, healing, remedy, soundness, and wholesomeness

- B. 2 Peter 1:2-4 NKJV** "Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord, as His divine power has given to us all things that *pertain* to life and godliness, through the knowledge of Him who called us by glory and virtue, by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption *that is* in the world through lust."

1. Grace and Peace are multiplied by the knowledge of God

2. Through His divine power He has given us ALL THINGS that pertain to life and godliness – *Spiritual life – and Physical life.*

3. We ACCESS the divine nature/life – through the *precious promises – GOD'S WORD.*

Pastor's Note: *God has provided ALL THINGS for us needed for spiritual life and our natural life. We must ACCESS these things by faith – in the precious covenant promises that have been given to us.*

- C. We have the “LIFE OF GOD” deposited into our hearts at salvation, but we must draw this life out by faith in order for it to work for us. We draw this life-giving power out by the faith that comes or rises in the heart because of meditating on God’s Word.**
- 1. Notice in Proverbs that life and health come to those who attend to the Word.**
 - 2. Notice healing and health do not come to those who passively wait for God to produce something for them.**
- D. As believers, we must first pursue the Word through attentively meditating on the scriptures that specifically cover our covenant of healing and health.**
- 1. Example Scriptures:**
 - a. Isaiah 53:4-5 NKJV** “Surely He has borne our griefs And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted. But He *was* wounded for our transgressions, *He was* bruised for our iniquities; The chastisement for our peace *was* upon Him, And by His stripes we are healed”

Pastor’s Note: *One way to expand understanding is to read and meditate on various translations. Check out biblehub.com*

NASB “However, *it was* our sicknesses *that* He Himself bore, And our pains *that* He carried; Yet we ourselves assumed that He had been afflicted, Struck down by God, and humiliated”

Literal Standard Version “Surely He has borne our sicknesses, | And our pains—He has carried them, | And we have esteemed Him [as] plagued, struck of God, and afflicted.”

- b. 1 Peter 2:24 NKJV** “who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed.”

HCSB “He Himself bore our sins in His body on the tree, so that, having died to sins, we might live for righteousness; you have been healed by His wounds”

Contemporary English Version “Christ carried the burden of our sins. He was nailed to the cross, so we would stop sinning and start living right. By his cuts and bruises you are healed”

Pastor's Note: *Anyone who desires to access their covenant of health should begin by meditating on healing scriptures – this will build faith in what belongs to us – and will prepare us for walking in divine health or receiving our healing.*

- E. Through hearing and consenting to the Scriptures, the progressive light or revelation of God's will to heal us will begin to RISE UP within us.**
- F. The divine life of God for healing and wholeness does not flow automatically because we are saved. Rather, accessing the healing power of God within comes by a lifestyle of faithfully abiding in His Word – by meditating on specific scriptures daily to use our faith.**

G. Three quotes to consider:

Pastor Nancy Dufresne: *"If you have struggled in the past to gain healing in your body, may I suggest that you take your eyes off your body, cease all struggling, and instead fix your gaze on God's Word and on Him who paid the price for your healing. Seeing Him and being a doer of the Word cures all that ails the spirit, soul, and body of man."*

Kenneth E. Hagin: *"We know that faith comes by hearing and hearing by the Word of God because the Bible says so (Romans 10:17). But to tell you the real truth about the matter, God's Word, His medicine, won't do you a bit of good in the world if you hear it over and over again for hours, yet still continue to think wrong and talk wrong. If you continue to think wrong and talk wrong, God's Word won't work for you. No, you've got to hear God's Word because that's how faith comes, BUT THEN, you've got to act on your faith. When you're confessing God's Word, think life this: I'm taking my medicine – God's Word. God's medicine always works. It never fails. Say that to yourself and think on that and you'll get God's Word working in you."*

Pastor Jay Eberly: *"Your meditation is your medication."*

H. The Progression of Faith

- 1. Faith comes by hearing and hearing by the Word – Rom 10:17**
- 2. As we hear the Word, faith RISES in our heart. Because we are attending to the Word – faith rises.**
- 3. As we give attention to the Word, faith gains revelation of what belongs to us.**
- 4. Once faith has grown out of revelation from the Word, we must apply it, thus allowing it to grow into a fruit that yields measurable results.**

5. **Hearing, Confessing and Acting are all part of the sowing process.** *Just like natural fruit must begin in seed form, spiritual products of the heart must start out in seed form in order to become bountiful fruits.*
6. **Exponential growth does not occur overnight.**
*“The amount of healing that a believer walks in is directly proportional to the seed of God’s healing Word sown in their heart, and the faith used to move that seed to a successful germination and growth process.” – Pastor Debbie Eberly (*see footnote)*
7. **We propel the answer to our situation by the primary corresponding action of saying and doing in line with God’s Wordⁱ.** *We can have a belief in the Scriptures that healing is specifically for us, but that belief will lie dormant in our heart until we further release the proper ingredients of faith in God’s Word to the mix.*
 - a. **Speaking our faith in God’s Word will ignite a force that creates healing velocity and propels the God kind of life to any are of need in our bodies.**
 - b. **2 Cor 4:13 NKJV** “And since we have the same spirit of faith, according to what is written, ‘I believed and therefore I spoke,’ we also believe and therefore speak”

Aramaic Bible in Plain English “Therefore, we also in whom is that one spirit of faith, as it is written: ‘I have believed; because of this I also have spoken’, we believe; because of this we also speak”

Pastor’s Note: *Faith is a process. We must give time and labor to building our faith by searching the Scripture, meditating on the promises, speaking it aloud, and acting in obedience to it and the leadings of the Holy Spirit.*

Living faith is always active. *We never arrive at a place of needing to give no time to the Word. If our faith is to be active, we must be active in His Word.*

“Don’t mistake your belief in God for feeding your faith on His medicine, (His Word).” – Pastor Nancy Dufresne

*Pastor Debbie Eberly, “Divine Healing and Health for Today”, Chapter 6