

I. The significance of your immune system.

- A. Your immune system protects your body from invaders such as bacteria, viruses and other toxins that work against your body.
- B. Your immune system identifies/recognizes threats to your body.
- C. Your immune system fights the disease-causing germs.
- D. When your immune system isn't working properly, we have no way of fighting off the things that enter our body from the outside or things that occur from the inside that are designed to make us sick.

II. There is a Spiritual Immune System.

- A. God never designed us to become passive and idol regarding the things that will attack us throughout our life.
- B. We have a spiritual immune system that is supposed to produce a wall of resistance against all attack of the enemy.
- C. We need resistance.
 - 1. The ability to prevent or reduce the presence of disease.
 - 2. Immunity – complete resistance to disease- not subject to the attack.
It doesn't work on me!

III. How the Spiritual Immune System Works**A. Scriptures to Consider**

- 1. **1 Peter 5:6-9 (NKJV)** – *⁶Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, ⁷casting all your care upon Him, for He cares for you. ⁸Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. ⁹**Resist him, steadfast in the faith,***

knowing that the same sufferings are experienced by your brotherhood in the world.

1 Peter 5:9 (NLT) – *Stand firm against him.*

1 Peter 5:9 (NET) – *Resist him, strong in your faith*

1 Peter 5:9 (WNT) – *Withstand him, firm in your faith*

- a. Resist = to build a wall or barrier.
- b. Resist is a pre-planned resistance with the goal of thwarting a planned future attack of the enemy.
- c. My resistance is to prepare for any future attack.
- d. Your wall of resistance should be always in development, so it is ready when the attack occurs.
- e. NOTE: We resist him in the faith!

The wall of resistance is a wall of faith.

No faith = no resistance

No faith = no spiritual immune system.

2. **Ephesians 6:10-18 (NKJV)** – ¹⁰*Finally, my brethren, be strong in the Lord and in the power of His might.* ¹¹**Put on the whole armor of God,** *that you may be able to stand against the wiles of the devil.* ¹²*For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.* ¹³**Therefore take up the whole armor of God,** *that you may be able to withstand in the evil day, and having done all, to stand.* ¹⁴**Stand therefore,** *having girded your waist with truth, having put on the breastplate of righteousness,* ¹⁵*and having shod your feet with the preparation of the gospel of peace;* ¹⁶*above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one.* ¹⁷**And take** *the helmet of salvation, and the sword of the Spirit, which is the word of God;* ¹⁸*praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints*

- a. Notice the action words – *Put on, Take up, Stand, Be strong*
- b. These are action commands that are our responsibility.
- c. Take = *Military term – to take up arms*
- d. When our spiritual immune system is working:
 - We will know about our defensive armor.
 - We will know about our offensive arms.
 - We will know when to take up arms against the enemy.

B. Check your Immune System

1. **How would you rate your spiritual immune system?**
2. **Do you have any resistance – Do you put up a fight?**
3. **When is your first response when an attack is evident?**
4. **Do you immediately enter fear and worry?**
5. **Is there any evidence of faith when trouble comes?**
6. **How do you fight your battles?**
7. **What have you been eating?**
8. ***Do you have a consistent diet of the Word of God?***