



HEALING THE SOUL OF A WOMAN • LESSON 2

Pastor Patty Campbell

Healing the Soul of a Woman • Lesson 2

BRIEF RECAP:

Our study is on the healing of our souls.

- Healing for a soul injury, hurt, or emotional wounds that are internal and affect our innermost being; which is our soul.
 - SOUL – We defined as OUR MIND, OUR WILL (DESIRES) & OUR EMOTIONS.

Just as our bodies can be injured, sick or hurting, so can our souls.

Psalm 147:3 NLT

“HE heals the brokenhearted and bandages their wounds.”

Proverbs 4:20-22

God’s words are LIFE to all that find them HEALTH to ALL their flesh!

- God’s words are life & healing to every area including our soul.
- **OUR ENTIRE BEING** is *healed* through the *life-giving power* of God’s word – it is more than a book with words on pages – ***it is Medicine for the wounded soul.***

***Our true problem lies not in being wounded
but in whether or not we are willing to be healed.***

GOD WANTS THE WOUNDED – He will use our wounds to help others

2 Cor 1:3-5 NLT “All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and **the source of all comfort**. He comforts us in all our troubles **SO THAT** we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.”

BOOK QUOTE: Brennan Manning, “In a futile attempt to erase our past, **we deprive the community of our healing gift**. If we conceal our wounds out of fear and shame, our inner darkness can neither be illuminated nor become a light for others.”



HEALING THE SOUL OF A WOMAN • LESSON 2

Pastor Patty Campbell

Experience give us something that nothing else can.

We learn two ways: by God's word and life's experiences.

Prov 3:13 "Happy [blessed, considered fortunate, to be admired] is the man who finds [skillful and godly] wisdom, And the man who gains understanding and insight [learning from God's word and life's experiences]."

BOOK QUOTE: "Being experienced is a benefit, but getting the experience is painful."

- Your experience makes what you say worth listening to.
- Experience can make you more relatable.

The book asks this question: Instead of thinking about how much you have gone through in life that has been painful, why not think about all the experience that you now have and all the opportunities that are before you as God's daughter?

God does not cause the bad things that we go through! Instead, He will take the broken pieces of our lives and makes something beautiful. Beauty from ashes.

YOU CAN CHOOSE TO NOT ALLOW YOUR PAIN TO BE WASTED!

- Don't continue in bitterness and resentment; instead make your experience a tool for helping others.
- **SHARE YOUR STORY – YOUR TESTIMONY – YOUR MESSAGE!**

1 John 3:8 "For this purpose the Son of God was manifested, that he might destroy the works of the devil."

_____ is a work of the devil that Jesus came to destroy.
(fill in the blank)

It's easy to discern if something is from God or the devil:

- If it's GOOD it's from GOD
- In **Matthew 7:11**, Jesus tells us, "If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!"



HEALING THE SOUL OF A WOMAN • LESSON 2

Pastor Patty Campbell

- **Psalm 84:11 AMP** “For the LORD God is a sun and shield; The LORD bestows grace *and* favor and honor; No good thing will He withhold from those who walk uprightly.”
- **James 1:17 NLT** “Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow.”
- **John 10:10** If it steals, kills and destroys that’s the work of the devil Jesus said, BUT...I am come that they might have life abundantly!

What the devil sent to destroy you, God can turn it around for something good!

When you are healed, your personal experience with Jesus’ healing power qualifies you to tell others that Jesus can heal them just like he healed you!

WHAT IS A HEALTHY SOUL?

When we are born again and the Spirit comes to live in us, we receive everything we need to live an abundant life!

- It takes time looking into God’s word to see who we are, what we have, what we can do through Him
- God says “my people” are destroyed for the lack of knowledge.

A HEALTHY SOUL (Mind, Will & Emotions) **is renewed** by the Word of God.

- It’s a soul that’s at rest – not in an emotional frenzy or distraught
- Doesn’t worry or become anxious, fret and fear
- Not burdened with guilt or shame

God wants us to cast our cares upon him 1 Peter 5:7

[all your anxieties, all your worries, and all your concerns, once and for all]

Jesus told us to come to him and he would give us rest for our souls.

Matt 11:28 AMP “Come to Me, all you who labor and are heavy-laden *and*



HEALING THE SOUL OF A WOMAN • LESSON 2

Pastor Patty Campbell

overburdened, and I will cause you to rest. [I will ease and relieve and refresh your souls.] Take My yoke upon you and learn of Me, for I am gentle (meek) and humble (lowly) in heart, and you will find rest (relief and ease and refreshment and recreation and blessed quiet) for your souls.”

*****YOU CAN HAVE REST IN YOUR SOUL – PEACE IN YOUR MIND, WILL & EMOTIONS.*****

HELP ME, I DON'T UNDERSTAND MYSELF!

Has anyone ever said, “I just don’t understand you”?

Have you ever behaved in a way that you didn’t understand why you did that or why you said that?

- Learning to understand the ROOT of our BEHAVIORS is vital to changing them.

Studying God’s Word helps us gain insight. His word is like a light that shines into our soul. It reveals to us things that may have been hidden.

WE NEED TO ASK THE HOLY SPIRIT TO HELP US DISCERN

Discern – to see beyond the way things appear to the way they truly are.

Heb 4:12 NCV “God’s word is alive and working and is sharper than a double-edged sword. It cuts all the way into us, where the soul and the spirit are joined, to the center of our joints and bones. And it judges (discerns) the thoughts and feelings in our hearts.”

Discernment REQUIRES us to slow down, ask the Holy Spirit to help you get to the root of our behavior.

- He is our Teacher
- He is our Guide
- He will lead you to the right resources

