



HEALING THE SOUL OF A WOMAN • LESSON 1

Pastor Patty Campbell

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Psalm 147:3 NLT

“He heals the brokenhearted and bandages their wounds.”

Have you ever been broken hearted?

- Everything in your inner being hurts; an intense ache
- Overwhelming grief, or disappointment

Our LITERAL HEART is not broken, but we can be broken our mind, our will our emotions [SOUL].

Psalm 23:1-3 (NKJV) “The LORD *is* my shepherd; I shall not want. He makes me to lie down in green pastures; He leads me beside the still waters. He ***restores*** my ***soul***;”

TWO TERMS WE WANT TO PULL OUT OF THIS SCRIPTURE:

1. **SOUL**– the seat of **emotions** and passions, the activity of the **mind**, the activity of the **will**, – has been translated HEART in specific scriptures.
 - Simple Definition: MIND – WILL – EMOTIONS / PERSONALITY
2. **RESTORE** – to turn back, to bring back, to return or to reverse
 - Example – A home, car or piece of furniture that is restored to its original state.
 - You can be RESTORED IN YOUR SOUL.

YOU MAY HAVE NEVER THOUGHT ABOUT YOUR SOUL NEEDING HEALED: Just as our bodies can be injured, sick or hurting, so can our souls.

ENCOURAGEMENT: Whether your soul injury was inflicted by someone else or self-inflicted, you don’t have to carry this grief forever!

- I. **WHERE IT ALL BEGAN (Back to the Garden)**
 - A. **THERE WAS ONE THING GOD TOLD ADAM & EVE NOT TO DO.**
 - Eat from the tree of the knowledge of good and evil



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- They could eat from the tree of life because God wanted them to know and have abundant life; he wanted them to know GOOD but it wasn't his plan for us to know evil.

B. THE DEVIL IN THE FORM OF A SERPENT DECEIVED ADAM & EVE AND THEY ATE OF THE FORBIDDEN FRUIT.

That one wrong action opened the door for all the pain and dysfunction that exists on our planet today.

C. GOD KNEW FROM THE BEGINNING MAN WOULD FALL – BUT HE HAD A PLAN FOR RESTORATION FROM THE BEGINNING OF THE WORLD – JESUS

1. Jesus came to save us – to RESTORE us to God-given life.
2. This LIFE is so powerful that no matter what has happened that has damaged our souls, we can be healed & RESTORED!

II. HOW THE ENEMY'S DECEPTION AFFECTED WOMEN

Gen 3:14-15 "The LORD God said to the serpent, 'Because you have done this, You are cursed more than all the cattle, And more than any animal of the field; On your belly you shall go, And dust you shall eat All the days of your life. And I will put enmity (open hostility) Between you and the woman, And between your seed (offspring) and her Seed; He shall [fatally] bruise your head, And you shall [only] bruise His heel.'"

A. SATAN HATES WOMEN – Hostility – (opposition, resentment, anger, aggression)

1. ABUSE OF WOMEN

- i. Some national studies show that abuse of women can be as high as 70 percent of women have experienced some form of physical or sexual violence in their lifetime.



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2. HUMAN TRAFFICKING

- i. Adult women account for almost half of all human trafficking victims detected globally. Women and girls together account for about 70 percent.

3. GENDERCIDE OR FEMICIDE

- i. Every year, we lose 2 million baby girls to sex-selective abortion and infanticide. That's four girls per minute. In China alone, 62 million women are missing.

B. Hostility between your seed and her Seed.

God was letting Satan know that Eve's Offspring would bruise his head, or take his authority away from him and defeat him.

1. Satan bruised his heel, but Jesus crushed his head!
2. Satan is DEFEATED but if we don't know that we will continue to let him rule in our lives.
3. Victory is ours!

III. LIVING THE BEST LIFE AVAILABLE.

1 John 1:4 NKJV "In Him was Life, and that Life was the Light of men."

1 John 5:12 NKJV "He who has the Son has life..."

Acts 17:28 ERV "It is through him that we are able to live, to do what we do, and to be who we are."

WE ALL WANT TO LIVE THE GOOD LIFE!

John 10:10 AMP "The thief comes only in order to steal and kill and destroy. I came that they may have *and* enjoy life, and have it in abundance [to the full, till it overflows]."

The pages of God's Word are filled with LIFE and they are filled with HEALING.

Proverbs 4:20-22 NKJV "My son, give attention to my words; Incline your ear to my sayings. Do not let them depart from your eyes; Keep them in the midst of your heart; For they *are* life to those who find them, And health to all their flesh."



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Our entire being is healed through the life-giving power of God’s word – it is more than a book with words on pages – it is Medicine for the wounded soul.

A. THE PATH TO LIVING THE GOOD LIFE

EPH 2:20 AMP “For we are His workmanship [His own master work, a work of art], created in Christ Jesus [reborn from above—spiritually transformed, renewed, ready to be used] for good works, which God prepared [for us] beforehand [taking paths which He set], so that we would walk in them [**living the good life** which He prearranged and made ready for us].”

Book: Why not make a commitment right now to spend the rest of your life learning how to enjoy the best life God has available to you through Jesus Christ?

Book: Joyce Meyer, “I had a mistaken idea about what it meant to be a Christian. We often reduce it to church attendance, perhaps putting a little money in the offering basket, saying a prayer when we are desperate, maybe reading a little Scripture occasionally, and trying to be good. But that kind of life is never fulfilling; all it does is leave us frustrated. We become confused because we think we are doing what we should be doing, but our lives are still quite miserable. But as I studied God’s Word and applied what I was learning, amazing changes began to happen in me—in my soul.”

B. NEW WAY OF LIVING

John 14:6 “Jesus said to him, ‘I am the way, the truth, and the life. No one comes to the Father except through Me.’”

1. God’s plan for you and me includes a way to live that will lead us to everything good that He offers.

