

ReGeneration Session 1 – The Power of Regeneration

I. What is Regeneration?

A. Definition

1. Renewal or revival
2. In biology, it is the process of renewal, restoration and tissue growth, particularly after an injury that makes organisms resilient to events causing disturbance and damage

B. In Re•Generation

1. Re-building takes place.
2. Restoration occurs.
3. Things that are fading begin to experience renewal.

C. Regenerative Medicine – Medicine that is focused on developing and applying new treatments to heal tissues and organs and RESTORE function lost due to aging, disease, damage or defects.

D. Regeneration Origin – *Regenerate* – 1400s – to bring forth again.

E. The Human Body – Science says that the body's cells largely replace themselves every 7-10 years.

F. The Brain – The brain possesses the ability to repair itself after a traumatic injury – this is called neuroplasticity. It is the reason why brain injury survivors can make astounding recoveries.

G. Skin – The skin will regenerate itself approximately every 27 days.

II. What does Regeneration have to do with spiritual things?

A. **Matthew 19:28 (KJV)** – *And Jesus said unto them, “Verily I say unto you, that ye which have followed me, in the regeneration when the Son of man shall sit in the throne of his glory, ye also shall sit upon twelve thrones, judging the twelve tribes of Israel.”*

Matthew 19:28 (NLT) – *When the world is made new.*

Matthew 19:28 (NIV) – *At the renewal of all thing*

NOTE: This passage is speaking of the end – when the world as it is known under the dominion of Satan comes to an end and ALL THINGS ARE MADE NEW – ***This will certainly be a time of great regeneration. This passage speaks of regeneration that is yet to come.***

B. **Those who are saved have already begin to experience regeneration.**

*While the fullness of regeneration is yet to come, we are already experiencing regeneration. The day I got saved “A bringing Forth” began to occur in my life. “Restoration”, “Renewal”, have become a pattern more my life. **CONFESSION:** I expect dead things to come back to life.*

1. **Titus 3:4-5 (NKJV)** – *⁴But when the kindness and the love of God our Savior toward man appeared, ⁵not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit.*

a. The New Birth – Spiritually – I have already been made new.
I am a new creation in Christ.

b. While the term – regeneration is only found twice in most traditional translations of the Bible, the message of regeneration occurs over and over.

2. **Ezekiel 36:26 (NKJV)** – *I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh.*

3. **2 Corinthians 5:17 (NKJV)** – *Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.*

C. Renewal – The common theme throughout the Bible

Note: *Always pay attention to the reoccurring themes in scripture.*

It is amazing when you discover God’s mission that is revealed throughout the Old and New Testament.

1. Since the fall of the human race, everything God has done has been about renewal/restoration/rebuilding – Regeneration
2. When Adam and Eve sinned, God already had a plan for restoration–

Revelation 13:8 (NKJV) – *All who dwell on the earth will worship him, whose names have not been written in the Book of Life of the Lamb slain from the foundation of the world.*

3. When the inhabitants of the earth became so sinful that God’s judgment was required through a worldwide flood, God extended grace to Noah – His plan for regeneration/restoration of the human race.
4. When the first generation of Israelites rebelled against God and refused to possess the Promised Land, God could have abandoned his plan and just left them to destroy themselves in the wilderness. **INSTEAD**, he raised up a new generation that would receive His plan for their life.
5. When Elijah the great prophet lost his vision and his strength in the fight against Jezebel. God didn’t leave him in that lifeless state. He sent ravens and angels to feed him. God eventually **RESTORED** and **RENEWED** his strength – so he could **FINISH** his assignment.

6. God is all about Renewal and Restoration.

Jeremiah 30:17 (NKJV) – *‘For I will restore health to you and heal you of your wounds,’ says the LORD*

1 Peter 5:10 (NLT) – *In his kindness God called you to share in his eternal glory by means of Christ Jesus. So after you have suffered a little while, he will restore, support, and strengthen you, and he will place you on a firm foundation*

Isaiah 40:31 (NKJV) – *But those who wait on the LORD shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.*

Zechariah 9:12 (NKJV) – *Return to the stronghold, you prisoners of hope. Even today I declare that I will restore double to you.*

Joel 2:25-27 (KJV) – *²⁵And I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm, my great army which I sent among you. ²⁶And ye shall eat in plenty, and be satisfied, and praise the name of the LORD your God that hath dealt wondrously with you: and my people shall never be ashamed. ²⁷And ye shall know that I am in the midst of Israel, and that I am the LORD your God, and none else: and my people shall never be ashamed.*

Job 42:10 (NKJV) – *And the LORD restored Job’s losses when he prayed for his friends. Indeed the LORD gave Job twice as much as he had before.*

D. The Significance in understanding the power of regeneration.

There are going to be many times throughout your life that you will need the power of regeneration/renewal/restoration to work in your life.

1. The circumstances of life.
2. The unexpected events of life.
3. The times that you may experience weakness.
4. Tough times.
5. Times of warfare when the enemy had made you his target.
6. Times of opposition when opposing forces are trying to keep you from receiving what God says is yours.

E. If you learn to WAIT on regeneration – you will be able to exit one season and move successfully to the next.

NOTE: *Personal Example – Watching the leaves fall only to realize that new life will be revealed in the Spring.*

1. Choices – Many choose to quit because they cannot see beyond the season where they presently reside.
I don't believe it things can change.
I can't see how I will ever recover from this.
I have made too many bad choices to overcome.
I've lost too much to ever see my life restored.
It's finished! – It's over!
2. If you can learn to WAIT/STAND/PRESS through these seasons, God has a season of regeneration on the other side.

Isaiah 40:31 (NKJV) – *But those who wait on the LORD shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.*

Isaiah 40:31 (NIV) – *Those who hope in the Lord will find NEW STRENGTH*

Isaiah 40:31 (AMP) – *But those who wait for the LORD [who expect, look for, and hope in Him] will gain new strength and renew their power; they will lift up their wings [and rise up close to God] like eagles [rising toward the sun]; they will run and not become weary, they will walk and not grow tired.*

Isaiah 40:31 (GWT) – *Yet, the strength of those who wait with hope in the LORD will be renewed.*

Isaiah 40:27-31 (MSG) – *Why would you ever complain, O Jacob, or, whine, Israel, saying, “GOD has lost track of me. He doesn’t care what happens to me”? Don’t you know anything? Haven’t you been listening? GOD doesn’t come and go. God lasts. He’s Creator of all you can see or imagine. He doesn’t get tired out, doesn’t pause to catch his breath. And he knows everything, inside and out. He energizes those who get tired, gives fresh strength to dropouts. For even young people tire and drop out, young folk in their prime stumble and fall. But those who wait upon GOD get fresh strength. They spread their wings and soar like eagles, they run and don’t get tired, they walk and don’t lag behind.*

III. Conclusion

What do we hope to gain out of this series? – Understand that God is always at work to regeneration/restore.

A. Understand how to tap into this supernatural work of restoration.

B. See and experience personal restoration on every level of our life.

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| 1. Spiritual | 6. Goals |
| 2. Health | 7. Dreams |
| 3. Family | 8. Vision |
| 4. Finances | 9. Ministry |
| 5. Career | |

C. God’s supernatural regeneration is coming to your life. It begins today!