

**SOUL INJURIES**  
***Session 2 “Healing the Broken Heart”***

**Psalm 23:1-3 (KJV) –**

<sup>1</sup>The LORD is my shepherd; I shall not want.

<sup>2</sup>He maketh me to lie down in green pastures: he leadeth me beside the still waters.

<sup>3</sup>He restoreth my soul:

**I. Review**

A. Soul – the seat of emotions and passions, the activity of the mind, the activity of the will, – *has been translated to HEART in specific scriptures.*

- **NOTE:** Many confuse the Spirit and Soul
- **Our Spirit is saved – born again**
- **Our soul is being saved**

B. Restoreth – Restore – to turn back, to return, to bring back, to reverse – to return to a former state or intention.

C. The indication from the text is: David had soul injuries

D. Soul Injuries =

**An overlooked, unassessed wound that separates one from their “Real Self” that causes a person to feel personally defective, inadequate, or unworthy.**

1. It is not a physical injury it is being wounded within.
2. Veterans – Unforgiveness – Un-mourned loss

A. Soul injuries come in many different forms from many different sources

1. Wounds caused by people – parents, siblings, friends, teachers, peers, etc
2. Wounds caused by circumstances: death, betrayal, divorce, rejection, abuse, trauma, etc.
3. Soul injuries are real
4. Soul injuries require healing just as injuries of the body need to be healed.
5. David's Soul Injuries
  - a. Rejection
  - b. Unforgiveness
  - c. Past sin and failures
  - d. Grief

B. God's desire is to heal the injuries of the soul

**Psalm 147:3 (KJV)** – He healeth the broken in heart, and bindeth up their wounds.

C. The ministry of Jesus

**Luke 4:18 (KJV)** – The Spirit of the LORD is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised,

## II. What does it mean to have a broken heart?

- A. Brokenhearted = suntribo – *soon-tree-bo* – to break in pieces, to break down or to crush, to shatter one's strength, to trample on.
- B. The brokenhearted are not those with touchy feelings or emotions – or the overly sensitive.
- C. The brokenhearted have truly experienced something that has caused a deep wound of the soul.
- D. True characteristics of someone who is brokenhearted
  - 1. They have been crushed by a tragic event
  - 2. They have been crushed by words spoken by others
  - 3. They have been crushed by the actions of others
  - 4. They have been beaten down to a breaking point
  - 5. Their strength has been shattered
  - 6. Because of their soul injury the enemy of their soul keeps them underfoot, (He tramples on them through the power of their soul injury)
  - 7. The soul injury has become a stronghold for the enemy in their life

E. **Psalm 34:18 (NIV)** – The LORD is close to the **brokenhearted** and saves those who are crushed **in** spirit

1. Hebrew translation for broken includes to be maimed or cripple
2. Because of a broken heart they cannot walk or cannot walk straight
3. People with a broken heart struggle to move forward in the right direction
4. People with true brokenness sometimes need help to get going
5. Sometimes they need help to get going in the right direction
6. The inward limp expressed through outward actions and emotions

### III. Do you have a limp?

**THERE ARE MANY IN THE BODY OF CHRIST THAT DESIRE TO WALK STRAIGHT BUT CONTINUE TO LIMP BECAUSE OF INWARD WOUNDS OF THE SOUL**

**PASSAGES THAT REVEAL HEALINGS FOR THE BROKEN AREAS OF LIFE THAT ARE PRODUCING A LIMP**

#### A. **Isaiah 42:1-3 (KJV)** –

<sup>1</sup>Behold my servant, whom I uphold; mine elect, in whom my soul delighteth; I have put my spirit upon him: he shall bring forth judgment to the Gentiles.

<sup>2</sup>He shall not cry, nor lift up, nor cause his voice to be heard in the street.

<sup>3</sup>A bruised reed shall he not break, and the smoking flax shall he not quench: he shall bring forth judgment unto truth.

1. Reeds –

- a. *Shepherds would put two reeds together, hollow them out and put holes in the sides making a flute. David most likely played a flute made from reeds.*
- b. The children of Israel would take reeds by the water and make windpipes for music from them.
- c. While cutting reeds occasionally they would break a reed thus making it useless.
- d. EXAMPLE – a broken straw
- e. A bruised reed is one that is not broken apart yet broken
- f. JESUS WILL NOT BREAK A BRUISED REED
- g. HE WILL NOT DISCARD THAT WHICH IS BROKEN
- h. Some people are still together yet bruised
- i. Still breathing but dead on the inside

2. Smoking Flax

- a. Flax = wick
- b. Oil lamps used wicks
- c. Low oil = smoking or smoldering flax
- d. Pull the wick and throw it out – Useless –

- e. Being full of light – to nothing but smoke – stench – useless
- f. Jesus doesn't throw out the wick
- g. He replenishes the oil – restores the light!

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*There are many in the Body of Christ who feel like a Bruised Reed  
There are many in the body of Christ who feel like a Smoking Flax  
JESUS HAS BEEN ANOINTED TO RESTORE!  
JESUS IS NOT IN THE BUSINESS OF CASTING ASIDE*

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- B. **Luke 4:18 (KJV)** – The Spirit of the LORD is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised,
1. Jesus is anointed to deal with the broken hearted
  2. Jesus is anointed to deal with the bruised
  3. Jesus is anointed to deal with it!
  4. Whatever it is that has caused your limp, Jesus is anointed to deal with it!

C. Mephibosheth (A picture of what Jesus does for us)

1. **2 Samuel 4:4 (KJV)** – And Jonathan, Saul's son, had a son that was lame of his feet. He was five years old when the tidings came of Saul and Jonathan out of Jezreel, and his nurse took him up, and fled: and it came to pass, as she made haste to flee, that he fell, and became lame. And his name was Mephibosheth.
  - a. Mephibosheth qualifies for the brokenhearted
  - b. He had experienced great trauma (running for his life)
  - c. He had lost his Father and Grandfather to death in war
  - d. He had lost his royal destiny as an heir to the throne
  - e. He was living in Lodebar – *place of the homeless – outcast*
  - f. Lodebar – no pasture – The place of no pasture – nothing good
  - g. Lodebar represents nothingness – nothing good, nothing happening, nothing prosperous, etc.
  - h. Mephibosheth's injuries inside caused him to dwell in Lodebar
  - i. It's lonely in Lodebar
  - j. He is isolated in Lodebar
  - k. He does without in Lodebar – lack
  - l. He is known for his LIMP in Lodebar

m. He has a physical LIMP but if you could see his heart there is an inward LIMP

## 2. 2 Samuel 9:5-13 (KJV) –

<sup>5</sup> Then king David sent, and fetched him out of the house of Machir, the son of Ammiel, from Lodebar.

<sup>6</sup> Now when Mephibosheth, the son of Jonathan, the son of Saul, was come unto David, he fell on his face, and did reverence. And David said, Mephibosheth. And he answered, Behold thy servant!

<sup>7</sup> And David said unto him, Fear not: for I will surely shew thee kindness for Jonathan thy father's sake, and will restore thee all the land of Saul thy father; and thou shalt eat bread at my table continually.

<sup>8</sup> And he bowed himself, and said, What is thy servant, that thou shouldest look upon such a dead dog as I am?

<sup>9</sup> Then the king called to Ziba, Saul's servant, and said unto him, I have given unto thy master's son all that pertained to Saul and to all his house.

<sup>10</sup> Thou therefore, and thy sons, and thy servants, shall till the land for him, and thou shalt bring in the fruits, that thy master's son may have food to eat: but Mephibosheth thy master's son shall eat bread always at my table. Now Ziba had fifteen sons and twenty servants.

<sup>11</sup> Then said Ziba unto the king, According to all that my lord the king hath commanded his servant, so shall thy servant do. As for Mephibosheth, said the king, he shall eat at my table, as one of the king's sons.

<sup>12</sup> And Mephibosheth had a young son, whose name was Micha. And all that dwelt in the house of Ziba were servants unto Mephibosheth.

<sup>13</sup> So Mephibosheth dwelt in Jerusalem: for he did eat continually at the king's table; and was lame on both his feet.

a. David showed kindness to Mephibosheth because of Covenant



- b. God shows kindness to us because of Covenant
- c. David restored everything that Mephibosheth had lost (within his ability).
- d. He restored to him his inheritance from Saul
- e. He restored his position at the King's table
- f. He restored his lost dignity
- g. He restored his future
- h. The only thing David could not restore was his LIMP
- i. Jesus can restore the LIMP

3. **Isaiah 35:1-4 (NIV)** – <sup>1</sup>The desert and the parched land will be glad; the wilderness will rejoice and blossom. Like the crocus, <sup>2</sup>it will burst into bloom; it will rejoice greatly and shout for joy. The glory of Lebanon will be given to it, the splendor of Carmel and Sharon; they will see the glory of the LORD, the splendor of our God. <sup>3</sup>Strengthen the feeble hands, steady the knees that give way; <sup>4</sup>say to those with fearful hearts, "Be strong, do not fear; your God will come, he will come with vengeance; with divine retribution he will come to save you."

**Hebrews 12:12-13 (NIV)** – <sup>12</sup>Therefore, strengthen your feeble arms and weak knees. <sup>13</sup>"Make level paths for your feet," so that the lame may not be disabled, but rather healed.

- a. This is spiritual lameness
- b. Spiritual brokenness
- c. Hebrews is all about the New Covenant
- d. Revelation= You don't have to limp, inwardly disabled, you can be healed!