

# FAMILY MATTERS

## BUILD THIS HOUSE – FAMILY GUIDE

**This Week's Goal:** We're going to take one step toward building a stronger family.

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### 1. FOUNDATION: What is our family built on?

**Read Together:** Matthew 7:24-25

**Talk About It:**

- What do we think our family is built on right now?
- What would it look like for God to be at the center?

**This Week's Action:** (pick ONE)

- Pray together 3 nights this week
- Attend church together intentionally
- Start a 5-minute family devotion

### 2. FOOTERS: What's going on beneath the surface?

**Read Together:** Luke 6:45

**Talk About It:**

- What does our home “feel like” most days?
- Is there anything we've been avoiding talking about?

**This Week's Action:** (pick ONE)

- Have one honest conversation
- Ask: “Is there anything I've done that hurt you?”
- Pray for each other out loud



### 3. FRAMING: What are we building daily?

**Read Together:** Deuteronomy 6:6-7

**Talk About It:**

- What habits are shaping our family right now?
- What do we want our family to look like in 5 years?

**This Week's Action:** (pick ONE)

- Pray before bed
- Share one "God moment" daily
- Speak encouragement intentionally

### 4. WALLS: What are we allowing in and keeping out?

**Read Together:** Proverbs 25:28

**Talk About It:**

- What influences our family the most right now?
- Is there anything we need to remove or limit?

**This Week's Action:** (pick ONE)

- Set a screen time boundary
- Remove one unhealthy influence
- Create one protected family night

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## FAMILY PRAYER

*God, build our home. Strengthen what's weak,  
heal what's hurting, and help us become the family  
You've called us to be. In Jesus' name, Amen."*

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## REMEMBER:

**Don't try to do everything.  
Pick one action step and build from there.**