# **Psalm 1** Do You Want To Be Happy?

As you walk through the door of someone's home, you quickly get a feel for their style, cares, concerns, and what is important to them. Psalm 1 introduces us to the heart of God... that His desire is to keep us from the wicked one and from the ways of the fallen world. He yearns to see stability, and productivity, that we would be nourished by His Word and that we would be bearing life giving fruit for the nourishment of others.

# Read Psalm 1

Blessed: Oh how happy! – not so much a reference to what the blessings are but to the state of one who has received the blessings. That their soul is well. Receiving that which you did not have and cannot self-produce. God infused blessings.

**Regarding the blessings: A word that has no measure**, no limit, and is as deep as it is wide in the variety of its contents.

- Joy
- Peace
- Wisdom
- Contentment
- Courage
- Faith
- Comradery and companionship from healthy friendships and home life.
- Favor and success
- Endurance
- Strength & Stability Where many have shame and regret, there is forgiveness, freedom, and redemption.

# Interesting how the blessing starts not with what someone <u>does</u> <u>do</u> but what someone does <u>not</u> do.

#### **Blessed** is the man;

1. Who walks not in the counsel of the ungodly, (advice/purpose) Absolom, was a bad advisor and had bad advisors.

We can glean from observations, but do not adopt their forms of worship. *Save the planet, kill the babies* 

Romans 1:25 who exchanged the truth of God for the lie, and worshiped and served the creature rather than the Creator, who is blessed forever. Amen.

The advice of the world... if it feels good do it, follow your heart, you do you... my truth vs. your truth... nonsense and OBSERD!!! Co-workers for marriage advice Classmates for wisdom and direction

#### 2. Nor stands in the path of sinners,

To stand for or with:

To take a stand, to present/offer yourself to. "I'm on board with that."

Path: (game trail) behavior or lifestyles,

#### Think through humanity and history

- Daniel didn't consume the king's delicacy, everyone else is doing it.
- Shadrach band wagon worshipers... THINK!!! Meditate! (vs. 2) Don't look around at society to see what is acceptable, look into God's Word to see what is right.

# 3. Nor sits in the seat of the scornful;

Sits in the seat of the scornful – those who mock, scoff, and deride the ways of the righteous.

1 Peter 4:4 In regard to these, they think it strange that you do not run with them in the same flood of dissipation, speaking evil of you. *(unbridled)* (Local hang outs) a reputation for divisive, guestionable, "enlightened" knowledge

John 10:27 "My sheep hear My voice, and I know them, and they follow Me. "And I give them eternal life, and they shall never perish; neither shall anyone snatch them out of My hand.

2 Corinthians 6:14 Do not be unequally yoked together with unbelievers. For what fellowship has righteousness with lawlessness? And what communion has light with darkness?

Rowboat Who is in your boat? - If people are not knocking on the door, start sending out invitations.

A side note: There is a progression of pace found in the opening of our text.

Walk, stand, sit.

First there is an interest, then there is a compromise, lastly you are consumed. *Compromise has always been the Achillies Heel of God's people.* 

"Sow a thought and you reap an action; Sow an act and you reap a habit; Sow a habit and you reap a character; Sow a character and you reap a destiny." - Ralph Waldo Emerson

There <u>is</u> a way of living, thinking, and behaving that results in damage and decay but as equally real is the road that leads to divine blessings and continued delight.

Which one are you on? Which one are you advocating for? THERE IS NO LASTING JOY IN THE WAYS OF THE WORLD – RATHER, THE ONE WHO IS WALKING IN AND EXPERIANCING THE RIGHT NOW BLESSINGS OF GOD ARE THOSE WHO DELIGHT IN THE LAW OF THE LORD AND THINK ABOUT IT OFTEN, IF NOT ALWAYS.

#### Oh how happy

But his delight is in the law of the LORD, and in His law he meditates day and night.

# LAW (Instructions) = WORD

It is a law, that you need to breath oxygen. Do you feel bound by that? It is a law, that you need your heart to keep beating. Does that bother you? It is a spiritual law that my soul NEEDS God's Word that I may live God's ways... and in that we live and move and have our being. <u>*That is not limiting, it is life giving.*</u>

# DON'T MISS THIS!!!

Delights: Desire, longing, good pleasure A high degree of pleasure, or satisfaction of mind.

*delight is a more permanent pleasure than joy and not dependent on sudden excitement. – Webster's 1828 Dictionary* 

# Well... I don't like reading.

It does not say to delight in reading... it says to delight in His Word.

And meditate... to not think about the Word of God is like taking a mouthful of food but having no teeth to chew it up.

# The looping influence of God's Word.

The more you are around it, the more you want it and the more you want it the more you are around it.

To whom shall we go... you alone have the words of eternal life.

In fact, look at what happens to the man or woman who walks with God. (young/old, rich/poor is nowhere mentioned in Psalm 1... just promises.)

He shall be like a tree

Planted by the rivers of water,

That brings forth its fruit in its **season**,

Whose leaf also shall not wither;

And whatever he does shall prosper.

- PLANTED what is your mind fixed on? (trees don't plant themselves) I'll try to plant myself, JUST BE IN HIS PRESENCE!!! Some of you need to let go, the Lord is gentle and lowly in heart... come to me all those who are weary and heavy laden.
- By rivers of water constant source of life (even when others are wilting)
- Fruit comes IN IT'S season... your season in coming.
- Not only will you bear fruit but you won't lose heart. (not wither)
- Whatever he does shall PROSPER (Not a forced prosperity but a natural one.)

#### Joseph, Potiphar's house, the prison, and the nation Obed Edom's House

#### Judgment Or Rejoicing

You are a TREE or CHAFFE The flake or brittle shell around the kernel of wheat that is blown away in the wind.

<sup>4</sup> The ungodly *are* not so,

But are like the chaff which the wind drives away. <sup>5</sup> Therefore the ungodly shall not stand in the judgment, Nor sinners in the congregation of the righteous.

There is a judgment and it is coming...

Revelation 20:13 The sea gave up the dead who were in it, and death and hades delivered up the dead who were in them. And they were judged, each one according to his works.

Rather than judgment... the jubilant celebration

Revelation 7:9-10 After theses things I looked, and behold, a great multitude which no one could number, of all nations, tribes, peoples, and tongues, standing before the throne and before the Lamb, clothed with white robes, with palm branches in their hands, and crying out with a loud voice, saying, "Salvation belongs to our God who sits on the throne, and to the Lamb!

<sup>6</sup> For the LORD knows the way of the righteous, But the way of the ungodly shall perish.

> **Imagine trying to solve a maze that had no right rout.** Erode into hellish judgment

<u>The Lord knows the way...</u> Georgia Waffle House HE KNOWS THE WAY!!! HE KNOWS THE WAY YOU ARE... HE SEES

Christ came... shattered culture & religion - He did not come to destroy but fulfill/satisfy LAW EVERYTHIGN IS ALL ABOUT HIM! Creation speaks forth his attributes The Old testament fests, festivals, and celebrations were foreshadowing of Him

Delight is in the LAW of the Lord

LAW = WORD = JESUS

In the beginning was the Word, and the Word was with God, and was God and the Word become flesh and dwelt among us... and we beheld His glory!

**Passover...** a hardness of hearts the world hadn't yet seen. Dear saints, you and I are never going to experience the wrath and judgment of God.