

RIVERS CROSSING COMMUNITY CHURCH

Community Group Discussion Guide
February 26, 2017



Extraordinary Marriage – Week #4

Getting together with your small group to talk about sex would probably be really awkward, right? Instead of putting you all through that, we want to take this week to give couples a chance to have some intentional 1 on 1 time this week. The guide below is meant for couples to use in together to begin a conversation about sex and intimacy within the confines of their marriage.

DIVE IN:

1. How has the past three weeks brought you to a place where you're more prepared to have a discussion about sex and intimacy?
2. How would this discussion look different if you weren't already focusing on setting accurate expectations, showing Honor, and having great communication? Those things in place put a discussion about sex and intimacy in perspective in a way that brings things into focus.
3. Sex is selfless... but too often we make it about our own selfish pleasures, not the care of our spouse. What needs to change in your relationship for both of you to seek your spouse's honor and pleasure more than your own? Paul referenced 1 Corinthians 7:2-5, specifically from the Message translation. Check it out together.
4. What boundaries do you and your spouse have in place for safe intimacy? Pastor Paul shared he and Farrah's boundary list. If you don't have them in place already, take some time to pause here and discuss your plan and actually write them down.
5. Has intimacy been used in the past as a weapon within your marriage? "I won't do that because...", "if my spouse would just _____, then I would have sex with them more...". Those perspectives use a gift from God as a weapon to wound and fight. Discuss how you remove sex as a weapon to restore it to a safe act within your marriage.
6. We all have baggage. Jesus wants to bring healing to that brokenness and restore beauty in the intimacy of your marriage. Take some time to pray together and ask God for freedom, forgiveness, and the removal of shame that you may be carrying around your sexual past. Ask Him to bring a renewed level of intimacy and oneness between you and your spouse.

NOW WHAT:

1. What part of this week's message has had the greatest impact on you? What truth(s) has God taught you through the message and our group discussion?
2. What do you need to do with that truth this week to become a fully engaged follower of Jesus?