

# RIVERS CROSSING COMMUNITY CHURCH

Community Group Discussion Guide – FOMO, Week #1

*Fearing of Missing Out (FOMO) // June 2, 2019*



## Engage One Another – Connection

1. “It’s Summertime!” Exercise: Share about what you enjoy about the summer season. Then, take time to plan a social event with your group this summer. Perhaps you want to hold a game night, go out to dinner, attend a free concert at a local park, share a day at Kings Island, or serve the local community. Connecting outside of your normal rhythm is a great way to maintain the health of your group!

## Engage One Another – Introduction

2. Pastor Paul quoted Steven Furtick in saying, “We struggle with insecurity because we compare our behind-the-scenes with everyone else’s highlight reel.” Do you agree with this? Explain your answer.
3. The fear of missing out (FOMO) breeds anxiety, comparison, and insecurity. In what area of your life (relationships, job, family, finances, etc.) do you most recognize these traits? Do you sense that working to alleviate this FOMO has caused you to miss out on God?

## Engage One Another – Diving Deeper

4. Pastor Paul taught that coveting is the root of FOMO. He also shared that FOMO is our belief that we can get life from something other than God. Reflect on the following questions together:
  - a. Read Exodus 20:17 and James 4:1-3. Why is coveting such a danger to our lives and to our personal relationship with God?
  - b. Read Luke 12:15. Jesus often talked about and gave warnings regarding money and possessions<sup>1</sup>. How do you structure your life and finances to fight against the temptation of greed?
5. Pastor Paul shared the object (“The Thing”) behind our FOMO often evolves to match our current vulnerabilities. How have your sources of FOMO changed as you’ve gone through different life stages?
6. During the summer, we don’t want you to miss out on what God wants to do at Rivers Crossing<sup>2</sup>, and what God wants to do in you. Reflect on the following questions together:
  - a. Have you noticed any tendency to check out during the summer with either your church involvement (attendance, giving, or volunteering) or your personal engagement with God?
  - b. Read Matthew 5:6. How can you use this summer to pursue a deeper relationship with God?<sup>3</sup>
  - c. Read Hebrews 10:22-25. If you haven’t already, discuss what your summer plans are as a group. If you aren’t going to meet as frequently, how can you still live out this passage?

### Pause & Reflect:

In the Psalms, it’s called a “Selah”. A moment to catch your breath, rest, and praise. It’s an intentional break to reflect and fully experience the moment before moving on. How did God challenge, encourage, correct, etc... as your group engaged one another in this conversation?

## Engage God – Time in Prayer

As you close out your time together, read and pray through the following verses and ask God to help you make the most out of your relationship with Him and with others during the summer months.

*“Remember not the former things, nor consider the things of old. Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert.”*

– Isaiah 43:18-19 (ESV)

*“Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.”* – Philippians 3:12-14 (ESV)

*“Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore, do not be foolish, but understand what the will of the Lord is.”*

– Ephesians 5:15-17 (ESV)

*“The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to poverty.”*

– Proverbs 21:5 (ESV)

## Engage One Another + Engage God = *Extraordinary Together*

### Additional Study and Rivers Crossing Summer 2019 Activities

1. For additional study, see Jesus' teaching from the Sermon on the Mount in Matthew 6:19-33  
<https://voice.dts.edu/article/christs-teaching-on-money-issler/>
2. Summer plans at Rivers Crossing include the following:
  - a. Preach It! sermon series (6/16 – 7/14)
  - b. At the Movies sermon series (7/21 – 8/11)
  - c. Young Adult Summer Kickoff (6/2)
  - d. Preteen Camp for 5<sup>th</sup>-6<sup>th</sup> graders (6/7 – 6/8)  
<https://riverscrossing.com/preteen-camp/>
  - e. Central Youth Conference for 7<sup>th</sup>-12<sup>th</sup> grade students (7/9 – 7/12)  
<https://riverscrossing.com/students/>
  - f. Joshua's Place Summer Camp (June and July)  
<https://riverscrossing.wufoo.com/forms/m116x8xd1ci7pmy/>
3. As Pastor Paul mentioned in his sermon, we encourage you to attend Growth Track. Growth Track exists to help ordinary people experience the extraordinary life that God has designed for us. Growth Track takes place during the first four Sundays of every month at 12:30pm in the Video Venue. Each week, we'll walk through a different step. Anyone is welcome and encouraged to attend all four steps over the course of a month or throughout the year. Childcare is available through regular River Kids programming.  
<https://riverscrossing.com/growth-track/>