# RIVERS CROSSING COMMUNITY CHURCH

Groups Guide - Spirit Filled Jesus, Week #6



### **ENGAGE ONE ANOTHER:**

Begin by talking about the Christmas Conspiracy. Who's participated in the past, who hasn't? Who is going to this year? Take time to direct people to the app or website to sign up to be a part of it this season!

- 1. Pastor Jeff made the analogy of the Holy Spirit as the power source that is flowing through your life like electricity that has an "on" and "off" switch. Do you live most of the time with your light switch turned on or off?
- 2. Forgiven people should be forgiving people. In order to forgive, you have start with being forgiven by God. Do you feel and believe you have been forgiven by God for ALL of your sins? Why or why not? How do you know for certain that you have been forgiven?
- 3. Pastor Jeff listed 5 reasons that we don't forgive. Can you remember all five? Which of them stood out to you the most as reasons you don't show forgiveness in your own life?
- 4. Now 5 reasons to forgive:

It glorifies God	It blesses you	It blesses others	It's a witness to	It opens you to flow in the
			others	Holy Spirit

- 5. Describe a time when you have forgiven someone and one (or more) of these things happened. (Feel free to park here for a minute until someone shares a story because it's important to share their testimony so they can encourage others who are struggling)
- 6. Have you ever considered not engaging the Holy Spirit empowering you as a reason that you cannot forgive? Why or why not?

## PAUSE & REFLECT:

In the Psalms, it's called a "Selah". A moment to catch your breath, rest, and praise. It's an intentional break to reflect and fully experience the moment before moving on. How did God challenge, encourage, correct, etc... as your group engaged one another in this conversation?

## **ENGAGE GOD:**

Pastor Jeff used an illustration with rocks to symbolize the weight of unforgiveness we carry around. He said that if you lay your rocks down at the feet of Jesus, then the Holy Spirit will empower you to forgive them.

Pass out a sheet of paper to everyone. This will represent their rock they have been carrying around. Take time to pray silently and allow the Holy Spirit to uncover one thing that you have not forgiven. Write it down on the paper and ball it up. If you feel led, confess to everyone in the group what you have been struggling with forgiving

Once the groups has had some time to reflect and pray, allow some time for the group to open up and discuss what they feel led to do with the things the Holy Spirit has revealed.

# Prayer: Allow time and space for everyone in the group that wants to participate to pray "God, I can't forgive without you. Holy Spirit, empower me to lay this burden down. \_(Name)\_, I forgive you for \_\_\_\_\_\_ because of the blood of Jesus and the power of the Holy Spirit. Once you've prayed this, open up general prayers and address additional prayer requests and concerns as needed.