

LEARNING TO BREATHE

Discussion Questions 4/26/26

Giving and Receiving

Intro: To be fully human is to live in the rhythm of both giving and receiving—because we are created by God to depend on Him and reflect Him. In 2 Kings 4, the widow’s story shows that transformation happens when we surrender what little we have, humbly receive from others, and trust God to provide. Ultimately, Jesus models this perfectly—receiving from the Father and giving Himself completely—inviting us into that same life of open-handed dependence and generosity.

Story: Share a story of a time of practicing either generosity or receiving that was meaningful.

Read: 2 Kings 4:1-7

1. Elisha involves the widow in her own miracle. How have you seen God invite you to participate in what He’s doing rather than just fixing things for you?
2. Have you ever struggled to receive something (help, generosity, encouragement) because of pride or fear? What happened?
3. Read 2 Kings 4:8-37. What stands out to you about the differences between the woman in the first story and this woman? Compare the calls to give and to receive in both of their stories.
4. Read 2 Corinthians 8:1-15. What do you notice about the way Paul emphasizes generous giving based on how much we have received from Christ?
5. What is one practical step you can take this week to live more fully in this rhythm—either by giving more freely or receiving more humbly?

Pray:

- Opportunities to be generous
- Humility to receive
- To become more like Jesus