

THE EXODUS WAY

Discussion Questions 3/1/26

The Wilderness

Intro: God does not always lead His people on the easiest or shortest path, but He leads in ways that teach them to trust and follow Him. When the Israelites find themselves trapped and powerless, God Himself fights for them and makes a way where there was none. Passing through the Red Sea marked their redemption and new identity, pointing forward to the way God redeems His people through passing from death into life with Him.

Story: When you think of a “Wilderness Season” in your life, what comes to mind?

Read: Exodus 16

1. Following the Red Sea, Israel quickly complains about their lack of food, stating that they were better off in Egypt. What does this reveal about their perspective?
2. In what ways do we have distorted thinking in the face of testing?
3. God commanded the people to collect only the manna that was needed for that day. Why do you think God only provided manna one day at a time?
4. Read John 6:25-40. How does manna point forward to Jesus? What does it mean that Jesus calls himself “the bread of life”?
5. What would it look like for you to trust God for “daily bread” instead of long-term control?
6. What is one specific act of daily dependence you can practice this week?

Pray for:

- Trust in the face of seeming scarcity
- Confidence that the wilderness is not the final destination
- Faith to believe that God is forming you, even in the wilderness.