

STUDY
STUDY
PRAY
FAST
WORSHIP
FELLOWSHIP
REST
SERVE
CELEBRATE
GENEROUS
CHASTE
MAKE DISCIPLES
OBEY
MEDITATE
SEEK
WITNESS
MEMORISE



Fresh Start

JOB 29:20



FRESH START SERIES

Gaining Fresh Strength Part 2

Sunday 22nd January 2023

Foundation Scripture:

Job 29:20 (NKJV): “My glory [is] fresh within me, and my bow is renewed in my hand.”

Job 29:20 (Clarke's Commentary): “*My glory was fresh in me — My vegetative power was great; my glory - my splendid blossom, large and mellow fruit, was always in season, and in every season. My bow was renewed — I was never without means to accomplish all my wishes. I had prosperity everywhere.*”

This is what happens when you have a fresh heart.

Introduction

This year will present many challenges – positive and negative. Nonetheless, we should prepare ourselves for a fresh start, despite the challenges, and continue to gain fresh strength.

Be encouraged to read **2 Timothy 2:1-26** in your own time.

The Young Man's Spiritual Reality

Young men refer to the length of one's spiritual, not physical birth.

Consider the following question: What should the spiritual state of a young Christian be?

A young man, according to **1 John 2:12-14**, is to be:

1. Strong
2. Scripture-dependent
3. An overcoming believer

As a church turning 30, we are at the stage of the ‘young man’. As a result, we need to be strong, scripture-dependent and overcoming believers.

The Regenerated Spirit

The regeneration of our human spirit is the termination (*by the washing of water*) of our old creation reality (nature) with all its deeds, and the germination (*by the initiating Spirit*) of our new creation reality – the supply of God, with the divine life (the **John 10:10** life!).

Also see **1 John 3:5-6**.

Are you still living in the ‘old man’ or are you being influenced by the ‘new man’ reality, which is the supply of the Spirit of God?

Who Are You Enslaved To?

John 8:34 says: “Jesus answered them, “Most assuredly, I say to you, whoever commits sin is a **slave of sin**.”

When a believer lives out of his soul, they begin to live a life of sin (see **Romans 6:16-17** and **2 Timothy 2:19-20**).

See the list below and check with your experience.

The graphic features a blue sky background with white clouds and green grass at the bottom. In the top left corner, there's a logo with the words "Fresh Start". In the top right corner, there are two circular logos: one for "NEW WINE CHURCH" and another for "30". The central area contains a list of sins, each preceded by a diamond symbol (❖). The list is divided into two columns:

- ❖ Omission and commission.
- ❖ Impurity in thoughts, words and deeds.
- ❖ Temper (morose, peevishness, anger).
- ❖ Covetousness.
- ❖ Lip, life and walk.
- ❖ Study.
- ❖ Hard-heartedness.
- ❖ Recreation.
- ❖ Unbelief.
- ❖ Haunts of men.
- ❖ Presumption.
- ❖ Neglect of the study of the word.
- ❖ Pride.
- ❖ Prayer irreverently offered.
- ❖ Unfaithfulness.
- ❖ Prayers coldly withheld.
- ❖ Injustice.
- ❖ Yielding to Satan's wiles.
- ❖ Deception.
- ❖ Opening your heart to temptation.

We are to be strong men, but sin makes us weak.

Are you a slave unto death or are you a slave unto righteousness?

Are you departing from iniquity?

Our Response:

If you are heavy laden, do you recognise that the weight of sin has been weighing you down? Jesus says: 'come to Me, and I will give you rest.' (See **Matthew 11:28-30.**)

When you yoke yourself to Christ, you will always be supplied by Christ. The heavy burden of sin will be lifted and exchanged for the easy yoke and light burden of Christ Jesus.

Pray this: Lord, I receive fresh strength, as I yoke myself to You.

Lastly...

In this year of a fresh start, be encouraged to pursue God, and gain fresh strength!