

# **What Was I Made For? [Satisfaction]**

## **Discussion Guide**

### **Summary**

This sermon concludes a series about life's purpose, focusing on how we were made to enjoy God. Jonathan emphasizes that true satisfaction can only be found in God's presence, not in worldly pleasures or temporary satisfactions. Using analogies of physical hunger and thirst, he explains that just as we need regular physical nourishment, we need daily spiritual nourishment through seeking God's presence.

The message highlights that God desires an intimate relationship with us and wants us to experience deep joy and pleasure in His presence. Jonathan challenges the common misconception of God as distant or strict, instead presenting Him as a loving Father who wants His children to find their deepest satisfaction in relationship with Him.

### **Intro Prayer**

Heavenly Father, as we gather to discuss Your Word, open our hearts and minds to understand how You desire us to find our complete satisfaction in You. Help us to be honest with one another and to learn from each other's experiences. Guide our conversation and help us to see You more clearly through this discussion. In Jesus' name, Amen.

### **Ice Breaker**

What's the most satisfying meal you've ever had, and what made it so memorable?

## **Key Verses**

- Psalm 16:11
- Psalm 27:4
- 1 Chronicles 16:11
- Isaiah 55:1-3
- John 7:37

## **Questions**

- What are some ways people typically try to find satisfaction in life apart from God?
- How would you explain the difference between temporary happiness and lasting joy in God's presence?
- Jonatahn mentioned that many people view God as strict and overbearing. What has shaped your view of God, and has it changed over time?
- What does it mean practically to 'seek God's presence' on a daily basis?
- How does the analogy of physical hunger and spiritual hunger help us understand our need for God?
- What obstacles prevent you from consistently seeking satisfaction in God?
- How has your understanding of enjoying God evolved throughout your spiritual journey?
- What practical steps can we take to cultivate a deeper enjoyment of God in our daily lives?

## **Life Application**

This week, set aside 15 minutes each day to simply enjoy God's presence. Don't focus on asking for anything or checking off a religious task. Instead, focus on appreciating who He is and allowing yourself to experience joy in His presence. Journal about how this practice affects your perspective and satisfaction level throughout the day.

## **Key Takeaways**

- God created us to find our deepest satisfaction in Him
- True spiritual satisfaction requires daily seeking of God's presence
- Nothing in this world can satisfy us like Jesus can
- God desires us to enjoy Him, not just serve Him
- In God's presence is fullness of joy

## **Ending Prayer**

Lord God, thank You for reminding us that You created us to find our greatest joy and satisfaction in You. Help us to stop seeking fulfillment in temporary things and turn to You as our source of lasting satisfaction. Give us the courage to pursue You daily and experience the fullness of joy that comes from being in Your presence. In Jesus' name, Amen.