

The Potter's Christian Life Center

SERMON NOTES
with Pastor Greg Formey



The Battle For The Mind

“Demolishing Arguments”

2 Corinthians 10:4

April 26, 2026

2 Corinthians 10:3-5

3 For though we walk in the flesh, we are not waging war according to the flesh. 4 For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. 5 We destroy arguments and every lofty opinion raised against the knowledge of God, ESV

We often treat our thoughts like the weather—something that just happens to us, something we have to endure. We wake up with a cloud of anxiety or a lightning bolt of self-doubt, and we assume that because the thought is present, it has permission to stay.

But Paul gives us a much more aggressive mandate. He doesn't tell us to hide from these thoughts or wait for them to pass. He tells us to **demolish** them.

THE MYTH OF PASSIVE DELIVERANCE

Many of us have been taught a "passive" spirituality. When a toxic thought or an argument against God's goodness arises, we try three common but ineffective tactics:

- **We ignore them:** We hope that if we don't look at the fear, it will go away. It will not. It just moves to the basement of your mind.
- **We try to "pray them away":** We ask God to take the thought out of our heads, but God has given us the weapons and told us to do the destroying.
- **We distract ourselves:** We turn on the TV, scroll through social media, or bury ourselves in work.

Demolition is intentional. You cannot destroy a building by ignoring it, and you cannot dismantle an argument by looking the other way.

AUTHORITY VS. PRESENCE

Here is the thing we must realize: **A thought can come on its own, but it has no authority of its own.**

Just because a thought "shows up" doesn't mean it's true. Just because a feeling is "intense" doesn't mean it's an instruction. In 2 Corinthians, Paul is describing a courtroom scene. These "arguments" are like illegal squatters or false witnesses. They have entered the courtroom of your mind, but they have no legal right to have the floor and speak up.

We must stop being polite to thoughts that call God a liar.

THE PROCESS OF DISMANTLING

Paul says we "destroy arguments and every lofty opinion raised against the knowledge of God." This requires a two-step process:

- **We pull the thought into the light.**

We ask, "Does this thought align with the character of God revealed in Scripture?" If the thought says "You are alone and abandoned," you say, "My Lord says He is with me always," That is called raising an argument against the thought.

- **Discarding:** Once identified as a lie, we don't just suppress it—we replace it. We strip the thought of its power by refusing to agree with it.

The goal of all this is not just a quiet mind; it is a mind that is captured for Jesus Christ. We take every thought captive to obey Him.

This week, when an automatic thought shows up and tells you that you are a failure, that God is distant, or that your future is hopeless, do not ignore it. Do not just pray for it to vanish.

Step into your authority. Tell that thought: "You showed up uninvited, and you have no authority here. I am discarding you right now, in the name of Jesus!"

Closing Prayer

Pray that the Lord will give you the courage to be intentional with your mind. Stop being a passive observer of your thoughts, and start being active in declaring the truth. God will give you the power to demolish every argument that tries to stand in the way of knowing God.