SOMMER OF PSALMS



"IT SEEMS TO ME APPROPRIATE, ALMOST INEVITABLE, THAT WHEN THAT GREAT IMAGINATION WHICH IN THE BEGINNING, FOR ITS' OWN DELIGHT AND FOR THE DELIGHT OF MEN AND ANGELS AND (IN THEIR PROPER MODE) OF BEASTS HAD INVENTED AND FORMED THE WHOLE WORLD OF NATURE, SUBMITTED TO EXPRESS ITSELF IN HUMAN SPEECH, THAT SPEECH SHOULD SOMETIMES BE POETRY. FOR POETRY TOO IS A LITTLE INCARNATION, GIVING BODY TO WHAT HAD BEEN BEFORE INVISIBLE AND INAUDIBLE."

- C.S. LEWIS

"IF WE AREN'T PRAISING GOD TRULY, WE AREN'T THINKING ABOUT GOD RIGHTLY AND DEEPLY."

- TONY MERIDA

BLESS THE LORD, O MY SOUL

- PSALM 103 -

OF DAVID

BLESS THE LORD, O MY SOUL,

AND ALL THAT IS WITHIN ME,

BLESS HIS HOLY NAME!

BLESS THE LORD, O MY SOUL,

AND FORGET NOT ALL HIS BENEFITS

- VV 1-2

"I WILL EXTOL YOU MY GOD AND KING AND BLESS YOUR NAME FOREVER AND EVER."

- PSALM 145:1

"WHY ARE YOU CAST DOWN, O MY SOUL, AND WHY ARE YOU IN TURMOIL WITHIN ME?

- PSALM 42:5

WHO FORGIVES ALL YOUR INIQUITY
WHO HEALS ALL YOUR DISEASES.
WHO REDEEMS YOUR LIFE FROM THE PIT.
WHO CROWNS YOU WITH STEADFAST LOVE AND MERCY.
WHO SATISFIES YOU WITH GOOD
SO THAT YOUR YOUTH IS RENEWED LIKE THE EAGLE'S.

HOW DOES THIS PSALM POINT TO JESUS?

"IN HIM WE HAVE REDEMPTION THROUGH HIS BLOOD, THE FORGIVENESS OF OUR TRESPASSES, ACCORDING TO THE RICHES OF HIS GRACE."

- EPHESIANS 1:7

"...BY A SINGLE OFFERING HAS PERFECTED FOR ALL TIME THOSE WHO ARE BEING SANCTIFIED."

- HEBREWS 10:14

"...PROCLAIMING THE GOSPEL OF THE KINGDOM AND HEALING EVERY DISEASE AND EVERY AFFLICTION AMONG THE PEOPLE."

- MATTHEW 4:23

"FOR THE WAGES OF SIN IS DEATH, BUT THE FREE GIFT OF GOD IS ETERNAL LIFE IN CHRIST JESUS OUR LORD."

- ROMANS 6:23

THE LORD WORKS RIGHTEOUSNESS AND JUSTICE FOR ALL WHO ARE OPPRESSED HE MADE KNOWN HIS WAYS TO MOSES. HIS ACTS TO THE PEOPLE OF ISRAEL. THE LORD IS MERCIFUL AND GRACIOUS. SLOW TO ANGER AND ABOUNDING IN STEADFAST LOVE. HE WILL NOT ALWAYS CHIDE. NOR WILL HE KEEP HIS ANGER FOREVER. HE DOES NOT DEAL WITH US ACCORDING TO OUR SINS. NOR REPAY US ACCORDING TO OUR INIQUITIES.

"IF YOU, O LORD, SHOULD MARK INIQUITIES, O LORD, WHO COULD STAND?"

- PSALM 130:3

FOR AS HIGH AS THE HEAVENS ARE ABOVE THE EARTH.

SO GREAT IS HIS STEADFAST LOVE TOWARD THOSE WHO FEAR HIM:

AS FAR AS THE EAST IS FROM THE WEST.

SO FAR DOES HE REMOVE OUR TRANSGRESSIONS FROM US.

AS A FATHER SHOWS COMPASSION TO HIS CHILDREN.

SO THE LORD SHOWS COMPASSION TO THOSE WHO FEAR HIM.

- VV 11-13

"IN HIS HOLINESS GOD DEALT WITH OUR SIN: IN HIS LOVE, HE PROVIDED HIS SON AS ATONEMENT."

- TONY MERIDA

FOR HE KNOWS OUR FRAME: HE REMEMBERS THAT WE ARE DUST. AS FOR MAN, HIS DAYS ARE LIKE GRASS: HE FLOURISHES LIKE A FLOWER OF THE FIELD: FOR THE WIND PASSES OVER IT, AND IT IS GONE, AND ITS PLACE KNOWS IT NO MORE BUT THE STEADFAST LOVE OF THE LORD IS FROM EVERLASTING TO EVERLASTING ON THOSE WHO FEAR HIM. AND HIS RIGHTEOUSNESS TO CHILDREN'S CHILDREN, TO THOSE WHO KEEP HIS COVENANT AND REMEMBER TO DO HIS COMMANDMENTS.

BLESS THE LORD, O YOU HIS ANGELS,
YOU MIGHTY ONES WHO DO HIS WORD,
OBEYING THE VOICE OF HIS WORD!
BLESS THE LORD, ALL HIS HOSTS,
HIS MINISTERS, WHO DO HIS WILL!
BLESS THE LORD, ALL HIS WORKS,
IN ALL PLACES OF HIS DOMINION.
BLESS THE LORD, O MY SOUL!

- VV 20-22

"IF WE AREN'T PRAISING GOD TRULY, WE AREN'T THINKING ABOUT GOD RIGHTLY AND DEEPLY."

- TONY MERIDA

SOMMER OF PSALMS

