



HEART
from
STONE

DEVO WEEK 4

HEART =from= STONE

WEEK 4 DEVO The War of Wants

DAILY PRAYER

Holy Spirit, help me to walk with you this week as I consider the question "What do I want?" Help me to see those desires that are disordered. In humility help me to see those things I have set my affections upon that are bringing chaos to my life. Turn my heart towards a real desire to Love the Father and to love people. Help me to see that this is what my heart most deeply desires. For it is in Jesus names we pray. Amen.

This week work through these scriptures and questions at your own pace. Do a little every day. Ask the questions deeply and honestly. You may want to go through this a few times or with a friend or family member.

READ EXODUS 20:17

Covet: A desire, want, obsession, focus, wish, longing or craving. A yearning to possess or have something. That for which we hold affection or love.

- What do you think of this definition of Coveting?
- If coveting is an issue of what we truly want in our inner life...
 - What do I want?
 - What are my deepest desires?

Augustine said: "The essence of sin is disordered love/desires".

- What do you think he meant by that definition?
- Are any of your desires "disordered"?

READ JAMES 4:1-3

What does James say disorder desires Create?

Do you ever feel that there is a war with in you? What desires are warring in you?

READ ROMANS 7:6-8

In this passage Paul looks in his heart and finds all kinds of covetousness.

- Have you ever been honest about all the things you desire?
- Why is Covetousness a sin that is hard to hide or deny?

“OUR TRUEST AND DEEPEST WANTS OFTEN GO UNFULFILLED BECAUSE OF SUPERFICIAL WANTS WE CHASE.”

Do you agree with this statement?

¹⁵For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶Now if I do what I do not want, I agree with the law, that it is good. ¹⁷So now it is no longer I who do it, but sin (disordered desire) that dwells within me. **Romans 7:15-17**

Is it possible to change what you want or desire? How?

READ ROMANS 7:24-8:8

What role does Jesus and specifically the Holy Spirit play in changing our desires?

READ PHILIPPIANS 3:7-10

- What does Paul tell the Philippians he wants or desires?
- What would need to change for you to have your wants and desires set upon the right things?

Next week we begin advent. Will you join the church as we begin a series called Christmas Rethink? We will do inner life work that will lead us to pay attention to our mind, thoughts, desires, and focus.

LISTEN TO THIS DEVO



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