

GROUP ACTIVITY

This activity can be used in a small group at church or even with your kids at home!

Meteor Shower

Set up: Crumple 10 pieces of paper into balls.

Directions: Read the Bible verse together several times so the kids can memorize it. Today's Bible verse says:

"But the Father will send the Friend in my name to help you. The Friend is the Holy Spirit." John 14:26

When ready, have the kids spread out and sit on the floor. Tell them that where they are sitting is their space station and the crumpled pieces of paper are meteors. Their mission is to protect the space station from getting hit by the meteors. Count to 3 and throw all 10 meteors simultaneously into the air above the space station. The kids will have to catch or swat the meteors out of the air, but some meteors will inevitably get through. Once a meteor has touched the floor, it cannot be moved. Count how many meteors landed in their lap or next to them and have the group recite the verse together that many times. Continue playing rounds for as long as you would like.

NOTE: Depending on the number of kids in your group, you may want to adjust the number of meteors up or down.

Question: Can you think of a time that the Holy Spirit has helped you? Tell us about it.