

GO!
Join the Story!

GROUP ACTIVITY

This activity can be used in a small group at church or even with your kids at home!

The Shield of Faith

Say: Today we learned that the Devil is like a 500-pound man-eating lion, but when he's face to face with Jesus, he's just a scaredy-cat! We're going to do an activity right now that will help us think about how Jesus can help us resist the temptations that the devil throws at us.

Directions: Give each kid a piece of paper and a marker. Tell them to think of something wrong or unwise that the Devil tempts kids their age to do. For older kids who can write, have them write the temptation on their piece of paper. Next, allow the kids to talk about their temptations. When finished sharing, have them crumple their paper into a "temptation" ball. Choose a kid to be the "target" and have them stand against a wall. Tell the "target" they have to try to avoid all of the temptations that are thrown at them. Tell the other kids to stand about 8 feet from the "target." On the count of 3, have them simultaneously throw their paper balls at the "target."

Say: Our "target" wasn't able to avoid a lot of those temptations. We're going to try again, but this time our target will have something to defend himself with.

Directions: Place a large piece of cardboard or poster board in the middle of the circle. Alternatively, use a paper plate. Tell the kids to work together to draw, cut out, and decorate a shield. Have them draw a large cross in the middle of the shield. Put a piece of duct tape on the back of the shield to serve as a handle. When finished, repeat the directions above, but give the "target" the shield to protect himself with.

Say: This time our target had a "Shield of Faith" to protect himself with. When we have faith in Jesus, He helps us stand up to the Devil and resist the temptations that the Devil throws at us.

Question: How can your "Shield of Faith" help you say "no" to temptation? In other words, how can Jesus help you when you're tempted?

Question: What makes saying "no" to temptation so hard?