

How Not To Worry?

Matthew 7:1–6

What Does The Bible Say?

“Do not judge others, and you will not be judged. 2 For you will be treated as you treat others. The standard you use in judging is the standard by which you will be judged. (Matthew 7:1–2 NLT)

3 “And why worry about a speck in your friend’s eye when you have a log in your own? 4 How can you think of saying to your friend, ‘Let me help you get rid of that speck in your eye,’ when you can’t see past the log in your own eye? 5 Hypocrite! First get rid of the log in your own eye; then you will see well enough to deal with the speck in your friend’s eye. (Matthew 7:3–5 NLT)

6 “Don’t waste what is holy on people who are unholy. Don’t throw your pearls to pigs! They will trample the pearls, then turn and attack you. (Matthew 7:6 NLT)

How Can You Obey?

Check your motives. (Proverbs 16:2)

Examine your walk with the Lord first. (Galatians 6:1-2)

Seek out the wisdom of God’s Word and godly counsel before acting. (Proverbs 10:13-14; 11:14; 15:22)

Practice the Golden Rule. Think about how you would want to be treated if you were the recipient of the correction. (Matthew 7:12)

Pray for the one who appears to be caught in sin before correcting him or her. (James 5:15-16)

Speak the truth, but do it in love. (Ephesians 4:15)

Additional Notes:

If you want to use your home to disciple others, check out our training at www.crosswaveschurch.com/host. Cross Waves has produced short videos to train you to use your home to reach others for Christ. So please check it out.

Explore:

Christianity is about more than attending church and living a good moral life. Being a Christian is about having a vibrant personal relationship with Jesus Christ. Every Sunday School teacher or Bible study leader should want to see each learner enter into this relationship—their eternal destiny depends on it.

As you work toward this goal, keep the following in mind:

Following Christ is more than a mere decision; it is about a lifelong relationship. Jesus called us to make disciples, not mere

decision-makers. Aim for long-term faith, not momentary emotion.

Salvation is a matter of grace, not works. Our works do not save us (Ephesians 2:8-9), nor do they keep us (Galatians 3:2-6).

Good works are a product of salvation, not a prerequisite to it.

Don't confuse sanctification with salvation. Holiness follows salvation; it doesn't precede it. Don't try to impose "Christian" expectations on men and women who don't know Christ.

- Keep it simple. Being born again is not complicated. Here's a simple way to explain it:

- Acknowledge your sinfulness and need for a Savior (Romans 3:10, 23).

- Trust in Christ's sacrifice for your sins and His resurrection (Romans 10:9-10).

Surrender your life to God's transforming power (Romans 12:1-2).

Remember that your job is to tell the truth in a way others can understand, answer their questions, and allow them to respond.

If you do that faithfully, some will respond and join the band of Christ- followers. When they do, Heaven will rejoice!

Question 1 of 4

In what areas of life are people most likely to be judgmental of someone (e.g., finances, work, health, spiritual disciplines, parenting, marriage, emotions, etc.)?

Question 2 of 4

Why do your actions toward other people affect how God acts toward you?

Question 3 of 4

Does social media increase or decrease your temptation to judge others? How do you use social media without sinfully judging someone?

Question 4 of 4

Unlike you, Jesus judges perfectly. Where in the Bible do you see Jesus giving grace and not judging when he has the right and the authority to judge?