

LET'S GET PHYSICAL

"DRAW NEAR" SERIES || PART 3 OF 7

LEAD PASTOR NATE SWANSON

AUGUST 10, 2025

JAMES 4:1-10 NLT

...when you ask, **you don't get it because your motives are all wrong—you want only what will give you pleasure...**If you want to be a friend of the world, you make yourself an enemy of God...God is passionate that **the spirit he has placed within us** should be faithful to him. And **he gives grace generously...****Come close to God, and God will come close to you...**Let there be **tears** for what you have done. Let there be **sorrow and deep grief**. Let there be sadness instead of laughter, and gloom instead of joy. **Humble yourselves** before the Lord, and **he will lift you up in honor**.

YOU ARE A **SPIRIT**, YOU HAVE A **SOUL**, YOU LIVE IN A **BODY**

1 THESSALONIANS 5:23, 1 CORINTHIANS 6:17, ROMANS 8:14-16, HEBREWS 4:12

USE YOUR **BODY...** TO _____ YOUR **SOUL...** TO _____ YOUR **SPIRIT**

HEBREWS 11:6, JEREMIAH 29:13, PSALM 42:5, PSALM 103:1-2

BIBLICAL **EXPRESSIONS** OF WORSHIP

SINGING	CLAPPING	SHOUTING	LIFTING HANDS	BOWING/KNEELING	DANCING & MUSIC
Psalms 95:1	Psalms 47:1	Psalms 66:1	Psalms 63:4	Psalms 95:6	Psalms 149:3

GALATIANS 2:20

1 CORINTHIANS 9:26-27

ROMANS 12:1-2

IF YOUR WORSHIP ISN'T _____ THEN IT ISN'T REAL.

IF YOUR WORSHIP ISN'T EXTERNAL THEN IT ISN'T _____.

MORE FOR YOUR OWN STUDY

THE TRIPARTITE (3-PART) NATURE OF MAN

SPIRIT: The part of man that connects with God, enabling communion, intuition, and conscience. It is the seat of spiritual life.

SOUL: Comprising the mind, will, and emotions, the soul mediates between the spirit and the body and represents the individual's personality.

BODY: The physical vessel through which humans interact with the material world.

THE 3 MAIN FUNCTIONS OF THE SPIRIT:

FELLOWSHIP: The ability to worship and commune with God.

INTUITION: Spiritual discernment & direct understanding of God's will, bypassing the intellect.

CONSCIENCE: Inner awareness of right and wrong, influenced by the Holy Spirit.

THE 3 MAIN FUNCTIONS OF THE SOUL:

MIND: Processes information, forms beliefs, interprets experiences.

WILL: Chooses actions based on beliefs and values.

EMOTIONS: Reflect the state of the mind and the beliefs held.

PRACTICAL TRUTHS REVEALED FROM UNDERSTANDING OUR 3-PART NATURE

The spirit is the center of Christian life and *must govern the soul and body*. Believers must deny soulish living (driven by intellect, emotions, or will) and crucify the flesh to walk by the spirit.

Spiritual growth involves a deepening understanding of God's workings in the spirit, leading to maturity and effectiveness in spiritual warfare.

RECOMMENDED READING on this subject:



READ: "THE SPIRITUAL MAN"

WATCHMAN NEE

"A manual on spiritual life, every point of which can be experimentally proven." This spiritual classic features extensive teaching and application regarding the tripartite nature of man: we are spirit, soul and body.



READ: "VICTORY OVER THE DARKNESS"

NEIL T. ANDERSON

This book spells out practical ways to experience growth based on Christ's promise of abundant life. Readers will gain a grasp of our spirit, soul and body and how to live in freedom as a result of applying scripture to real life.



WATCH: "GOD WITH US"

A five-part sermon series regarding the identity and attributes of God, culminating with the appropriate emphasis of our responsibility to celebrate and worship Him!



WATCH: "SPIRIT LED"

This message from Pastor Nate is likely different than you will expect. It addresses the patterns that mark our lives as "People of the Spirit". This message features principles that are very distinct from, but relevant and related to, our current study regarding worship.