## **LOVE HURTS**

"NOT TODAY, SATAN" SERIES, PART 4 OF 4 LEAD PASTOR NATE SWANSON 2-26/27-22

#### **HEBREWS 12:4-11 NIV**

"...we respected them for it..."

..."My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you, <sup>6</sup> because the Lord disciplines the one he loves, and he chastens everyone he accepts as his son."

...we have all had human fathers who disciplined us and we respected them for it...God disciplines us for our good, in order that we may share in his holiness. <sup>11</sup> No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace...

OF THE PAIN:

|   | to the Father" are in his holiness" ness"   |
|---|---|
|   | God's not using an abusive voice.   |
|   | He's offering us achoice.   |
| PSALM 32<br>LUKE 15:21<br>LUKE 18:13-               | "Father, I have sinned against heaven and against you."   |
| 1 JOHN 1:9<br>ACTS 3:19<br>PROV 28:13<br>2 COR 7:11 | "repent and turn to God, so that your sins may be wiped out"  |
| WHAT IF I DO  | DN'T HEAR HIM?  |
| 1   | FOR SENSITIVITY TO HIS CONVICTION   |
| 2   | ANYTHING YOU CAN  |
|   | HEBREWS 12:4 NIVIn your struggle against sin, you have not yet resisted to the point of shedding your blood |

## EXTRA NOTES FOR YOUR REFLECTION...

# **CONDEMNATION** vs **CONVICTION**

"You're the problem and there's no way out." vs "Here's the problem and here's the way out."

\* CONVICTION ALERTS ME WHEN A SPECIFIC ATTITUDE, MINDSET, PATTERN, PURSUIT, OR OPINION IS CONTRARY TO GOD'S TRUTH OR CHARACTER.

**PAIN-KILLERS:** How do I (mis)handle the pain resulting from my sin?

Do I wonder why "worse sinners" don't seem to suffer as much?

Do I remind God about the people who assisted my sin just in case they aren't suffering yet?

Do I justify my sinful choices because, even if I was wrong, at least I was understandable?

Do I resent other Christians because they aren't comforting me enough?

OR DO I ADMIT MY GUILT WITHOUT EXCUSE AND TURN TO GOD FOR MERCY?

PROVERBS 13:24

PROVERBS 22:15

PROVERBS 19:25

### PSALM 32:1-7.10-11 NIV

Blessed is the one whose transgressions are forgiven, whose sins are covered.

- <sup>2</sup> Blessed is the one whose sin the LORD does not count against them and in whose spirit is no deceit. <sup>3</sup> When I kept silent, my bones wasted away through my groaning all day long. <sup>4</sup> For day and night your hand was heavy on me; my strength was sapped as in the heat of summer.
- <sup>5</sup>Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the LORD." And you forgave the guilt of my sin.
- <sup>6</sup> Therefore let all the faithful pray to you while you may be found; surely the rising of the mighty waters will not reach them. <sup>7</sup> You are my hiding place; you will protect me from trouble and surround me with songs of deliverance...
- <sup>10</sup> Many are the woes of the wicked, but **the LORD's unfailing love surrounds the one who trusts in him.** <sup>11</sup> Rejoice in the LORD and be glad, you righteous; sing, all you who are upright in heart!

### **PSALM 51:1-19 NLT**

Have mercy on me, O God, because of your unfailing love. Because of your great compassion, blot out the stain of my sins. <sup>2</sup> Wash me clean from my guilt. Purify me from my sin. <sup>3</sup> For I recognize my rebellion; it haunts me day and night.

- <sup>4</sup> Against you, and you alone, have I sinned; I have done what is evil in your sight. You will be proved right in what you say, and **your judgment against me is just**.
- <sup>5</sup> For I was born a sinner— yes, from the moment my mother conceived me.
- <sup>6</sup> But you desire honesty from the womb, teaching me wisdom even there.
- <sup>7</sup> Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow.
- <sup>8</sup>Oh, give me back my joy again; you have broken me— now let me rejoice.
- <sup>9</sup> Don't keep looking at my sins. Remove the stain of my guilt.
- <sup>10</sup> Create in me a clean heart, O God. Renew a loyal spirit within me.
- <sup>11</sup>Do not banish me from your presence, and don't take your Holy Spirit from me.
- <sup>12</sup> Restore to me the joy of your salvation, and make me willing to obey you.
- <sup>13</sup> Then I will teach your ways to rebels, and they will return to you. <sup>14</sup> Forgive me for shedding blood, O God who saves; then I will joyfully sing of your forgiveness.
- <sup>15</sup> Unseal my lips, O Lord, that my mouth may praise you. <sup>16</sup> You do not desire a sacrifice, or I would offer one. You do not want a burnt offering.
- <sup>17</sup> The sacrifice you desire is a broken spirit. You will not reject a broken and repentant heart, O God. <sup>18</sup> Look with favor on Zion and help her; rebuild the walls of Jerusalem.
- <sup>19</sup> Then you will be pleased with sacrifices offered in the right spirit— with burnt offerings and whole burnt offerings. Then bulls will again be sacrificed on your altar.

### JONAH 2 NIV

From inside the fish Jonah prayed to the LORD his God.

He said: "In my distress I called to the LORD, and he answered me. From deep in the realm of the dead I called for help, and you listened to my cry. <sup>3</sup> You hurled me into the depths, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me.

- <sup>4</sup>I said, 'I have been banished from your sight; yet I will look again toward your holy temple.' <sup>5</sup>The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head.
- <sup>6</sup> To the roots of the mountains I sank down; the earth beneath barred me in forever. But you, LORD my God, brought my life up from the pit.
- <sup>7</sup> "When my life was ebbing away, I remembered you, LORD, and my prayer rose to you, to your holy temple. <sup>8</sup> "Those who cling to worthless idols turn away from God's love for them. <sup>9</sup> But I, with shouts of grateful praise, will sacrifice to you. What I have vowed I will make good. I will say, 'Salvation comes from the LORD.'"
- <sup>10</sup> And the LORD commanded the fish, and it vomited Jonah onto dry land.