

## SATISFIED

"CHILDREN OF LIGHT" SERIES – PART 3

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### FASTING \_\_\_\_\_ WHAT I WANT MOST

#### PSALM 63:1–8 NLT

[ WRITTEN BY KING DAVID, ON THE RUN FROM ABSALOM | 2 SAMUEL 15-18 ]

O God, you are my God; I earnestly search for you. **My soul thirsts for you;** my whole body longs for **you** in this parched and weary land where there is no water. <sup>2</sup>I have seen you in your sanctuary and gazed upon your power and glory. <sup>3</sup>**Your unfailing love is better than life itself;** how I praise you! <sup>4</sup>I will praise you as long as I live, lifting up my hands to you in prayer. <sup>5</sup>**You satisfy me more than the richest feast.** I will praise you with **songs of joy.** <sup>6</sup>I lie awake thinking of you, meditating on you through the night. <sup>7</sup>Because you are my helper, **I sing for joy** in the shadow of your wings. <sup>8</sup>I cling **to you;** your strong right hand holds me securely.

#### EPHESIANS 5:1–8 NIV

Follow God's example, therefore, as **dearly loved children** <sup>2</sup>and **walk in the way of love**, just as **Christ loved us and gave himself up for us** as a fragrant offering and sacrifice to God.

<sup>3</sup>But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people. <sup>4</sup>Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving. <sup>5</sup>For of this you can be sure: No immoral, impure or greedy person—such a person is an idolater—has any inheritance in the kingdom of Christ and of God. <sup>6</sup>Let no one deceive you with empty words, for because of such things God's wrath comes on those who are disobedient. <sup>7</sup>Therefore do not be partners with them. <sup>8</sup>For **you were once darkness, but now you are light in the Lord.** **Live as children of light** <sup>9</sup>(for the fruit of the light consists in all goodness, righteousness and truth) <sup>10</sup>and **find out what pleases the Lord.**

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JOHN 3:30