

How To Deal With Discouragement!

1 Kings 19:4

Everyone has had a bad day or two! We just call these "bad days" utilizing different terms. How would you define discouragement? _____

Three Spiritual Giants Who Dealt With Discouragement;

1. _____

2. _____

3. _____

Three Problems Which Lead To Depression;

1. (Physical) Exhaustion.

2. (Psychologically) Drained.

3. (Spiritually) Spent.

God's Provision In Discouraging and Depressing Days;

1. Physical (Provision) . Romans 8:26. Psalms 23:1-3.

2. Spiritual (Protection) . II Timothy 1:7.
