

BLANK SPACE – WEEK 3

SERMON NOTES

- MARGIN: THE AMOUNT AVAILABLE BEYOND WHAT IS NECESSARY.
- In light of _____ is it wise?

“Pay careful attention, then, to how you live—not as unwise people but as wise— 16 making the most of the time, because the days are evil. 17 So don’t be foolish, but understand what the Lord’s will is.”

Ephesians 5:15-17 (CSB)

- “In light of **your relationship with Jesus**, is it wise?”

1. The Problem With Busyness.

“Well this is just a busy season of life...”

“I’d rather be busy than lazy...”

“Who else is going to do it?”

“That’s just the way life is.”

- ***“Busyness isn’t just uncomfortable, it’s dangerous...We need to learn that while we are sleeping, God is building the city.” – J.D. Greear***
- ***“Busyness has killed more Christians than bullets have.” – Kevin DeYoung***

2. The Wisdom of Rest.

- ***Psalm 127:2*** - “It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for he gives to his beloved **sleep**.”
- ***Luke 5:15-16*** - “But now even more the report about him went abroad, and great crowds gathered to hear him and to be healed of their infirmities. 16 But he would withdraw to desolate places and pray.”
- ***Mark 6:30-31*** - “The apostles returned to Jesus and told him all that they had done and taught. 31 And he said to them, “Come away by yourselves to a desolate place and rest a while.” For many were coming and going, and they had no leisure even to eat.”
- ***Ecclesiastes 4:6*** - “Better one handful with rest than two handfuls with effort and a pursuit of the wind.”

What do we do about it?

- **The solution to busyness isn’t a reorganized schedule. The solution is to sit at the feet of Jesus.**

3. Finding Our Rest in Jesus.

- **Matthew 11:28-29** – “Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.”
- **Psalms 127:1** – “Unless the LORD builds the house, those who build it labor in vain. Unless the LORD watches over the city, the watchman stays awake in vain.”

PSALM 23 -

The Lord is my shepherd;
I have what I need.

He lets me lie down in green pastures;
He leads me beside quiet waters.

He renews my life;
he leads me along the right paths
for his name's sake.

Even when I go through the darkest valley,
I fear no danger,
for you are with me;
your rod and your staff—they comfort me.

You prepare a table before me
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.

Only goodness and faithful love will pursue me
all the days of my life,
and I will dwell in the house of the Lord
as long as I live.