

The Book of PSALMS

Psalms 68 – 70

“Sing to God—The Lament—The Poor & Needy”

Psalm 68 – “Sing To God”

(v1-3) Rejoice exceedingly!

(v4-6) Why should we sing to God? (Six reasons)

#1- Because He rides upon the clouds (deserts)

#2- Because His name is Yah

#3- Because He is a father to the fatherless & defender of widows

#4- Because God is holy

#5- Because God sets the lonely in His family - Rom 8:15-17- *For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father." The Spirit Himself bears witness with our spirit that we are children of God, and if children, then heirs -- heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together.*

#6- Because God leads prisoners into prosperity

(v7-10) God's power & blessings

(v11-16) When God gives His Word a Great company will proclaim it

(Ps 68:15- The "hill" of Bashan, or the "mountain of Bashan," was properly Mount Hermon-the principal mountain pertaining to Bashan. The name Bashan was properly given to the country, and not to the mountain. The mountain referred to-Hermon-is that lofty range which lies on the east of the Jordan, and in the northern part of the country-a range some twelve thousand feet in height. See the notes at Ps 42:6. It is the most lofty and distinguished mountain in Palestine, and the idea here, as above expressed, is, that Mount Zion, though not so lofty, or not having so much in itself to attract attention, was not less honored, and not less safe, as being the special dwelling-place of God. - *from Barnes' Notes*)

(v17-19) Led captivity captive & gave gifts to men- Compare Ephesians 4:7-16

(v20) God saves & we escape death – Romans 8:31-39

(v21-35) God will take vengeance on His enemies (Gen 3:15- *And I will put enmity between you and the woman, and between your seed and her Seed; He shall bruise your head, and you shall bruise His heel.*) Rom 16:20- *And the God of peace will crush Satan under your feet shortly.*) & Israel will rejoice & the nations, the kingdoms, all people will praise Him! (v35) Our God gives strength and power- Acts 1:8- *But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."*

Psalm 69 – “The Lament”

This is a great messianic psalm. Next to Psalm 22 it is the most quoted psalm in the New Testament.

Psalm 22 deals with the death of Christ; Psalm 69 deals with the life of Christ. Psalm 69 is quoted in the Gospel of John, in Romans, in Matthew, Mark, Luke and Acts.

(v1-4) *“Those who hate me without a cause”* – John 15:18-27

(v5-8) *“I have become a stranger to my brothers, and an alien to my mother's children”* - Mt. 12:46-50

(v9-12) *“Because zeal for Your house has eaten me up”* – John 2:13-17

(v13-18) *“But as for me, my prayer is to You, O LORD, in the acceptable time; O God, in the multitude of Your mercy, Hear me in the truth of Your salvation.”* – Matthew 26:36-46 (Garden of Gethsemane) 2 Cor 6:2 - *For He says: "In an acceptable time I have heard you, and in the day of salvation I have helped you." Behold, now is the accepted time; behold, now is the day of salvation.*

(v19-21) Reproach, gall & vinegar - Matthew 27:32-54

(v22-28) *“Let their table become a snare before them, and their well-being a trap.”* - Observe Romans 11:1-12. Peter quotes verse 25 in Acts 1:20.

(v29-36) The psalm ends with praise and thanksgiving, salvation and the reign of Christ!

Psalm 70 – “The Poor & Needy”

(v1) A prayer for deliverance and help

(v2-3) A prayer for God's vengeance

(v4) A prayer of confidence & praise

(v5) A prayer for a speedy answer