



## **PART 3: THE STORM OF SADNESS**

CARE & MISSIONS PASTOR DAN SLAGLE

1. How intensely have you felt the rainfall of sadness in this season? A light sprinkle, a steady downpour, or a thunderstorm?
2. Pastor Dan identified three different types of sadness: sadness from weariness, sadness from misplaced priorities, and sadness from isolation. Which have you experienced most in this season and why?
3. Read 1 Kings 19:1-18. How did the Lord meet Elijah in his moment of need?
4. As you process your feelings of sadness in this season, what has God revealed to you that you have been delighting in more than Him?
5. Pastor Dan identified two main action steps: (1) draw near to God to grow your delight in Him, and (2) have a community that you can lean on for support. Which presents the greatest growth opportunity for you, and what is an action step you can take this week to grow in that area?