



PART 2: THE BATTLE BETWEEN GOOD AND EVIL

FOUNDING PASTOR KEN WERLEIN

1. What was the most recent time you got angry? How did you handle it? Well or poorly?

2. Read Ephesians 4:26. Anger, like any emotion, is something you often cannot help but feel. The question is, “How will you respond to your anger?” It is our choice whether we will handle our anger in sinful ways or healthy ways.
 - a. What are some examples of sinful responses to anger?

 - b. What are some examples of healthy responses to anger?

3. What are some examples of things that frequently make you angry? Discover the root cause by asking yourself why those things make you angry. What might be the root idol underneath your anger?

4. To control our anger, we need to control our thoughts. Instead of dwelling on what made us angry, we need to turn our attention to the gospel. How should the gospel — the fact that God’s anger towards sin and its effects in our world led him to come in the person of Jesus to save us from our sin — change the way you handle your anger?

5. What is one practical step you can take based on what you learned in Ken’s sermon to handle your anger in healthy and God-honoring ways?