



REFRAME

CHRISTIANS LIVE WISELY

Founding Pastor Ken Werlein
Sunday, February 28

- 1. Intro:** Which of the four questions resonated most with you? (1) Do you ever feel like there are not enough hours in the day? (2) Do you ever feel guilty about how you spend (or don't spend) your time? (3) Do you consistently underestimate the amount of time it takes to do things? (4) Do you ever procrastinate?
- 2.** What does it mean that we are “stewards” of time, and why is that an important concept to embrace?
- 3. Read Ephesians 5:15–16.**
 - a.** What does it mean to “be careful” with our time, and why should we?
 - b.** How do we make the best use of the time?
- 4. Read Ephesians 5:17.** We must be wise with our time and live according to God's will. How do we know God's will for our lives, and what does that mean for you personally? How will you line up your life with the will of God?
- 5. Challenge:** Map out the next week of your life. What are your “rocks”? What are your “golf balls”? What is your “sand”? Now fill in a calendar of your week, starting with the rocks, and then add in the golf balls, and fill in the rest with sand where you can. Now do everything in your power to live according to that plan. (You won't be perfect. Celebrate any progress!)

QUESTIONS FOR KIDS

Read Eph 5:15-17. From these verses, we are being reminded:

- 1.** Be careful—why?
- 2.** Be productive—what does that look like for you?
- 3.** Be wise—how?

***Write this verse down and see if you can memorize it!**