



# CHOOSING SCRIPTURE OVER SOCIAL MEDIA

Bible Teacher Ben Stuart  
Sunday, February 14

1. **Intro:** Ben noted that research is showing that our culture is becoming increasingly uncivil (especially on social media). Why do you think that is?
2. There is a direct relationship between identity and activity. How does the Bible describe a believer's identity, and how should that influence our activity? (Use the chart below.)

**Identity (include verse references)**

**Activity**

3. What we feed our minds directly impacts the way we think, feel, and act. What changes do you feel inspired or challenged to make to your inputs because of Ben's sermon?
4. **Read Ephesians 4:31.** Why are these attitudes and actions inappropriate for a believer?
5. **Read Ephesians 4:32.** Conversely, describe in your own words what the disposition of a believer should be towards others.
6. **Read Ephesians 2:1–10.** How can and should these gospel truths empower and inspire us to treat others, including the sorts of qualities Paul exhorts the Ephesians believers to in Ephesians 4:32?