

Psalm 4 – God Speaks in Prayer

This handout provides a detailed reflection on Psalm 4, highlighting David's prayer, his honesty before God, and the encouragement we can find for our own prayer life.

David's Prayer to God

David asks for God to respond to his prayer.

He acknowledges what God has already done.

He pleads for God's grace to hear him.

David is Emotionally Honest with God

David feels under attack and is frustrated with those who criticize him.

He questions their intent and their character.

He is anxious about his safety, yet brings these concerns openly to God.

David Reflects on What He Knows of God

God sets apart the godly man for Himself.

God hears when His people call.

"Tremble, and do not sin" – be reverent before the Lord.

Meditate in your heart upon your bed; be still.

Live out your faith and place your trust in the Lord.

Spirit-Coaching: God Speaks in Prayer

David shares his new concerns and requests:

- Concern: Many are losing confidence in God.
- Request: "Lift up the light of Your countenance on us!" (Make Yourself Known!)

David Acknowledges God's Goodness and Faithfulness

"You have put gladness in my heart, more than when their grain and new wine abound."

"In peace I will both lie down and sleep, for You alone, O Lord, make me dwell in safety."

Application: When You Pray

Be sincere and honest in your prayers.

Ask for what is truly on your heart.

Listen for the Spirit to speak.

Be willing to adjust your life and prayers to what He says to you.