

# Overcoming the Trauma by Faith

Lamentations 3:21

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- 21 This I recall to my mind, therefore have I hope.
- It is of the Lord's mercies that we are not consumed, because his compassions fail not.
- They are new every morning: great is thy faithfulness.

- Demons that cause trauma
- All demons first manifest themselves as **Thought Demons**.
- We all experience what can be described as demons that can invade your mind and plant suggestions at will.
- **This is the first layer of attack.**
- **1 Timothy 4:1**
- Now the Spirit speaketh expressly, that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of devils;

- The first point of order when looking to combat these Thought Demons is to **recognize that not everything in your head is your own**, and when something ugly surfaces, rebuke those thoughts as not you in the name of Jesus Christ.
- **Rebuke every thought that is of a vile nature** in the name of Christ and replace these thoughts and mental obsessions with worship songs, Bible verses, and righteous, loving thinking.

## **John 13:2,**

we're told that "the devil had already prompted Judas... to betray Jesus." The word prompted suggests an internal nudge or influence directly impacting Judas' decision.

## **Matthew 27:1-10**

When Judas, who had betrayed him, saw that Jesus was condemned, he was seized with remorse and returned the thirty pieces of silver **"I have sinned," he said,** "What is that to us?" they replied. "That's your responsibility."  
5 So Judas threw the money into the temple and left. **Then he went away and hanged himself.**

- Overcoming trauma by faith involves recognizing the pain, confronting it with hope, and finding strength in God's promises.
- **Revelation 21:7**
- He that overcometh shall inherit all things; and I will be his God, and he shall be my son.
- It is a journey that requires intention and intentionality.
- Faith provides a source of light, comfort, and healing, helping individuals reclaim their identity, peace, and joy.
- The power of faith transforms trauma into triumph, giving spiritual insights, practical tools, and encouragement for the journey from brokenness to restoration.

- **Psalm 119:105**

- Thy word is a lamp unto my feet, and a light unto my path.

**He that overcometh**

- The Battle belongs to the Lord...but You are the Soldier!

- **2 Chronicles 20:17**

- Ye shall not need to fight in **this** battle:
- set yourselves, stand ye still, and see the salvation of the Lord with you, O Judah and Jerusalem: fear not, nor be dismayed; to morrow go out against them: for the Lord will be with you.
- **Keyword “this”**

In every war, there are battles.

- In every battle, there are attacks.
- As Christians, we experience these attacks in varying degrees. Some attacks seem like brawls, some like never-ending battles, and some battles seem like all-out war.
- Regardless of how much we may want to ignore this component in our Christian lives, the battles do exist, and the warfare will continue.
- Behind every war and every battle and every attack lies a strategist, the mastermind of the ultimate plan of attack.
- In our case, this strategist is Satan. He is our enemy, our adversary...the one who wants to take us out.

- Webster defines a strategy as “a careful plan or method:
- Strategies invoke plans, goals, and achieving ultimate purposes.
- Satan is the master of deception, tricks, and schemes, and he will do anything he can to win the battle.
- **Genesis 3:1** “Now the serpent was **more cunning** than any beast of the field which the Lord God had made.”
- The Bible is clear in its description of Satan from Genesis to Revelation, and **we have no excuse for our ignorance of his strategies**. We must shine the light of truth into the darkness of Satan’s lies and deceptions. The Word of God is our light of truth

Satan builds a psychological infrastructure that the demonic spirits are attached to through trauma.

- **Trauma-**

- a deeply distressing or disturbing experience that results in significant fear, helplessness, dissociation, confusion, or other disruptive feelings intense enough to have a long-lasting negative effect on a person's attitudes, behavior, and other aspects of functioning.

- **John 5:6**

- When Jesus saw him lie, and knew that he had been now a long time in that case, he saith unto him, Wilt thou be made whole?

- When we face trauma, He stands beside us, ready to uplift us and give us the courage to **navigate** our challenges. Knowing that God is with us alleviates our fears and encourages us to stand firm in our faith.
- **Psalm 147:3**
- “He heals the brokenhearted and binds up their wounds.” –
- This is one of the primary reasons that Satan compels individuals to harm and violate children to cause trauma.
- The Bible says that man consists of three component parts: body, soul and spirit.

- Man is a triune being because he is created in the image of God.

- **1 Thessalonians 5:23**

“Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.”

**Hebrews 4:12**

“For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.”

- **The Soul**

- The soul is the seat of all affections.
- The Hebrew term for soul is “nephesh” and it is found more than 780 times in the Old Testament.

- **Genesis 2:27**

- that man not only has a living soul; he is a living soul.
- It is the immaterial part of man midway between the body and the spirit, yet it is not a mixture of the two.

The soul is self-consciousness; it stands for the individual, personal life.

- The ingredients that make us human beings belong to the soul.
- The intellect, thought, ideals, love, emotion, understanding, decision, choice and other like qualities are all associated with the soul.
- Satan knows this very well, which is why he operates by making his appeal to the affections and emotions of man.
- I am hurt because?
- I can not get over it because?

- It is the soul of man that Jesus died to redeem on the cross (Hebrews 10:39; Psalm 49:8).
- But the soul is never directed towards God until after the spirit has become regenerated.
- Man is not able to love God or the things of God until he is born again.

Man's desires and affections are turned toward God when he realizes his sinful condition and accepts God's gift of salvation.

But even though we have died to sin and been raised to life through Christ, our souls still need to be transformed and purified by the washing of the word (Ephesians 5:26).

- Unlike the body, the soul cannot be destroyed by physical death but lives on beyond the grave.
- The soul does not die when the body dies because Jesus said to not fear those who can kill the body, but rather fear Him (God) who can destroy both body and soul in hell (Matthew 10:28).
- What is wounded your body, soul or spirit?
- The soul of man is often understood as the eternal essence of a person, encompassing their thoughts, emotions, and moral consciousness.

- **The Spirit**
- The spirit of man allows him to connect with God
- **John 4:24**
- “God is Spirit” and the spirit of man is the part that resembles God most.
- This is manifested in our assurance of salvation
- **Romans 8:16** “the Spirit Himself bears witness with our spirit that we are the children of God.”

It is the spirit that gives man the ability to have an intimate relationship with God; it is that part of us that God enables to know and worship Him.

The spirit of man is what gets born again or regenerated.

- The soul is the sphere of activity where Satan operates;
- When a person experiences external traumas that fracture the mind, there is a restructuring that takes place that will impact the identity that that person carries, once that identity is altered in a way that is inconsistent with the vision God had for them
- This person will now forge a life path that is inconsistent with the vision God had for them
- Proverbs 23: 7 as a man thinketh so he is

The average believer has not gone deep enough with the Holy Spirit to investigate how Satan has used trauma to restructure their identity and also to enslave them to demonic spirits who are working with that dilapidated identity that they carry.

## **Jeremiah 29:11**

For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future. –

- **Psalm 139:14**

- I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

- **Psalm 23:4**

- “Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.”

- **Lamentations 3:22-23**

- “Because of the Lord’s great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.”