

# STRONGHOLDS

Demonic Legal Rights

1 Peter 5:8

# The "Binding" Legal Right

Satan uses legal rights until broken by divine authority.

The Bible mentions consequences of sin affecting future generations, but redemption through Christ breaks these chains.

We have to take the time to address the issues as they are brought to our attention.

## **1 Corinthians 2:10**

“But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.”

Most of these issues are revealed after we receive the Holy Ghost.

## **Exodus 20:5**

Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me;

**Sin are learned and repeated**

## **Numbers 14:18**

The Lord is long-suffering, and of great mercy, forgiving iniquity and transgression, and by no means clearing the guilty, visiting the iniquity of the fathers upon the children unto the third and fourth generation.

## **The Occult:**

Participation in practices such as witchcraft, séances, or even reading horoscopes is viewed as a "spiritual signature" that invites demonic influence.

**This gives the kingdom of darkness rightful access.**

## **Ancestral or Generational Curses:**

Some traditions teach that the sins of ancestors (up to three or four generations) can grant the devil legal access to their descendants unless those sins are specifically renounced.

## Spoken Vows or Curses

A vow is a verbal commitment made before God, an intentional promise that carries spiritual weight.

Negative self-talk ( "I wish I were dead") or formal demonic vows are seen as verbal contracts that the "accuser" can present in the "courtroom of heaven".

A curse is a negative declaration spoken over a person, situation, or oneself that invites spiritual harm, limitation, or bondage.

# Why Curses Matter

Words create atmospheres.

Words establish expectations.

Words shape identity.

Words open spiritual doors.

A curse is not magic; it is misused spiritual authority.

**Proverbs 18:21** Life and death are in the power of the tongue.”

**Matthew 12:37** By your words you will be justified, and by your words you will be condemned.”

**Mark 11:23** “You will have whatever you say.”

## **Toehold:**

The Small Place the Enemy Tries to Start

A toehold is the smallest point of access — not a full foothold, not a stronghold, just enough space for the enemy to begin working.

Spiritually, it's the moment before the moment.

The compromise before the collapse.

The hesitation before the disobedience.

## **Galatians 5:9**

A little leaven leaveneth the whole lump.

“If you give the enemy a toehold, he’ll build a foothold, and from that foothold he’ll construct a stronghold.”

## **Song of Solomon 2:15**

Catch the foxes for us, the little foxes that spoil the vineyards, for our **vineyards are in blossom.**”

The metaphor serves as a reminder to be vigilant about small negative influences or behaviors that can undermine our well-being or the health of our relationships.

Just as a small fox can damage a vineyard, small issues can lead to larger consequences if not addressed.

# **The Enemy Looks for the Smallest Opening**

Not the big sin — the small permission.

Not the rebellion — the rationalization.

Not the fall — the flirtation.

## **Toeholds Form in the Unprotected Places**

Unchecked emotions

Unconfessed sin

Unchallenged thoughts

Unhealthy patterns

Unsubmitted desires

## **Biblical Pattern**

**Eve's conversation with the serpent** — the toehold was entertaining the question rather than rejecting it.

**Cain's anger** — the toehold was letting emotion simmer instead of mastering it.

**David on the rooftop** — the toehold was lingering instead of turning away.

### **1 Corinthians 10:12**

Wherefore let him that thinketh he standeth take heed lest he fall.

Every foothold begins with a toehold.

Every stronghold begins with a foothold.

In spiritual warfare, "breaking legal rights" is the process of removing the spiritual grounds or "footholds" that allegedly allow the devil to influence a person.

Here is where your peace is affected

## **Footholds**

A foothold is a small place the enemy uses to build a stronghold.

What we tolerate today becomes what controls us tomorrow.

**Ephesians 4:27 —**

“And do not give the devil a foothold.”

## **A foothold :**

A small compromise that opens a big door

A temporary space the enemy treats as permanent

A moment of agreement with a lie

A behavior or attitude we refuse to confront

Strongholds are built brick by brick.

Footholds are the first brick.

# What Footholds Produce

Once the enemy gets a foothold, he aims to build:

## **A Pattern**

What was occasional becomes habitual.

## **A Stronghold**

A mindset that resists truth.

## **A Cycle:**

Repeating behaviors that feel unbreakable.

## **A Narrative**

“You’ll never change.”

“This is just who you are.” “God is disappointed in you.”

**Footholds become false identities.**

## “Arm hold”

metaphor for how the enemy tries to restrain, limit, or immobilize believers.

### An Arm Hold Affects Your Reach

An arm hold is when the enemy can't stop you from standing,

can't stop you from walking,

can't stop you from believing

So he tries to stop you from reaching.

# “Arm hold”

## Philippians 3:13-14

Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and **reaching forth** unto those things which are before,

I press toward the mark for the prize of the high calling of God in Christ Jesus.

Moses' arms grew tired — and when his arms dropped, Israel weakened.

The man with the withered hand — Jesus restored his reach.

Paul in chains — restricted physically, but not spiritually.

# **The Enemy Tries to Hold What God Wants to Use**

Your gifts

Your influence

Your testimony

Your compassion

## **Luke 14:23**

And the lord said unto the servant, Go out into the highways and hedges, and compel them to come in, that my house may be filled.



## **5-Step Process to Break Legal Rights**

Many spiritual practices, particularly in deliverance ministries, follow these sequential steps to dismantle demonic access:

**Full Surrender:** The individual must first submit to God as required by James 4:7, moving from their own self-will to God's leadership.

**Confession:** This involves specifically naming each sin (e.g., occult involvement, sexual sin, or unforgiveness) to admit they were "abominations" that gave the enemy legal ground.

## **Renunciation:**

To "renounce" means to formally reject and disown. The person verbally declares they are ending their "agreement" with specific sins and will never return to them.

## **Breaking the Legal Right:**

Once the sin is confessed and renounced, practitioners verbally command the "legal right" to be "separated and demolished" in the name of Jesus, often pleading the blood of Christ as the legal payment that cancels the debt.

## **Verbal Command to Leave:**

Finally, because "demons cannot read minds," the individual must audibly command the spirits to leave, as they no longer have a valid reason to stay.

Lord, we repent of every sin committed knowingly and unknowingly.

We repent for words spoken out of alignment with Your will, actions taken in disobedience, attitudes of the heart, patterns, agreements, omissions, ignorance, and negligence.

We repent for anything that opened a door, created access, or gave ground to the enemy in our lives, families, bloodlines, health, finances, relationships, assignments, or purpose. Wash us clean by the blood of Jesus and purify us completely.

Father, we step into the Courts of Heaven and plead our case through the finished work of Jesus Christ.

We declare that Jesus is our Advocate and His blood speaks better things on our behalf.

On the basis of His sacrifice, we ask that every accusation, every charge, and every record used against us be dismissed, expunged, and overturned.

In the authority of Jesus Christ, we now revoke every legal right the enemy has claimed against us.

We cancel every legal claim, every assignment, every warrant, every permission, and every access point that was established through sin, trauma, generational patterns, false beliefs, or deception.

Every door that was opened is now shut by the power of the Holy Spirit. Every foothold is removed. Every stronghold is dismantled. Every chain is broken.

We renounce and break all agreements made knowingly or unknowingly with darkness. We break covenants not established by God. We cancel cycles of delay, limitation, confusion, sabotage, and repeated opposition. We declare those cycles broken now in Jesus' name.

