



- ❑ James 3:1-12 (ESV)

What's down in the well, always comes up in the bucket.

- ❑ *The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.* Luke 6:45 (ESV)

Good News: Your mouth will betray you eventually!

Your words reveal the progress of your faith.

THREE WAYS TO TAME THE TONGUE:

1. Pause - *Even a fool who keeps silent is considered wise; when he closes his lips, he is deemed intelligent.* Proverbs 17:28 (ESV)

2. Ponder

- ❖ T – is it True?
- ❖ H – is it Helpful?
- ❖ I – is it Inspiring?
- ❖ N – is it Necessary?
- ❖ K – is it Kind?



