# **Deep Practice Discipleship Guide**

**Sermon:** The Greatest Commandments

**Text:** Matthew 22:36-40

#### 1. Opening Check-In (Share)

Take time to hear from one another:

- How did it go with your discipleship practice from last week?
- What was encouraging? What was difficult?
- What did you learn about God or yourself in the process?

(Leader note: This isn't about perfection, but progress. Celebrate steps forward and encourage one another in struggles.)

# 2. Sermon Notes (Learn)

#### **Hook – Introduction**

- Ever felt buried under rules? Work, school, home... endless checklists.
- Israel: 613 laws + traditions → crushing weight.
- The big question: How do I please God in all this?
- Jesus' answer: Love God. Love people. Two commands. Two principles. Two loves.

#### **Head – Understanding the Text**

#### 1. Love God

o Shema (Deut. 6) – heart, soul, mind. Not about rules → relationship.

### 2. Love Neighbor

- o Lev. 19:18 inseparable from love for God. Two sides of same coin.
- "On these two hang all the law and prophets." Everything else is commentary.
- Ten Commandments:
  - 1–3 = Love God

- 4 = Sabbath (God + neighbor)
- 5–10 = Love neighbor

#### **Heart – Why These Two?**

- Why Love God?
  - He first loved us (1 Jn 4:19).
  - o He created + redeemed us (Gen 1; Rom 5:8).
  - Loving Him is life itself (Deut 30:20).
- Why Love Others?
  - Because God loves them (Jn 3:16).
  - Love = God's essence and our calling.
- Image: Sun + planets → God's love is the center, holding life in orbit.

#### **Hands – Living It Out at Covenant**

Our mission: Worship Deeply. Grow Boldly. Live Sent.

- Worship Deeply Love God with all you are.
- Grow Boldly Love God + one another in discipleship.
- Live Sent Love neighbor in action, not theory.
- Illustration: Big Wheel flat spot life bumps along when worship, discipleship, service are out of balance.

#### Conclusion - Call to Action

- Jesus: "On these two hang all the law and prophets."
- If faith feels heavy → simplify: Love God. Love people.
- What's your one step this week?
  - o Worship deeply (prayer, worship, undivided heart).
  - o Grow boldly (group, forgiveness, practice).
  - Live sent (serve, compassion, reaching out).
- Whatever step you take → let it be rooted in love.

### 3. Bloom's-Based Discussion Questions

### Remembering (facts):

What two commandments did Jesus say were the greatest?

#### **Understanding (meaning):**

How do the Ten Commandments reflect the two great loves: God and neighbor?

# Applying (practice):

- How could you practice loving God with your heart, soul, and mind this week?
- Where might God be inviting you to love your neighbor in action, not just words?

### Analyzing (connections):

 Why do you think Jesus said "all the Law and Prophets" depend on these two commands?

#### **Evaluating (priorities):**

• If faith feels heavy, what practices or attitudes could you lay down to simplify your walk with God?

#### **Creating (living it out):**

• What is one creative way we as a group could demonstrate love for our community this month?

#### 4. Storying Exercise (Tell)

**Passage:** Luke 10:25–37 – The Parable of the Good Samaritan

- Retell the story in your own words without looking at the text.
- What does this story show about how love for God is tied to love for neighbor?
- Who are the "neighbors" God is placing around you?
- How might we imitate the Samaritan's costly compassion this week?

#### 5. Closing Commitment (Live)

# Reflection:

• If everything hangs on loving God and loving people, what's the next step for you?

#### Write it down:

- One thing I will do this week to love God more deeply is...
- One way I will love my neighbor this week is...

**Share:** Tell the group your commitment. Encourage one another and pray for strength to follow through.

# 6. Prayer

Pray together that your love for God and people would grow deeper, bolder, and more active this week.