

Deep Practice Discipleship Guide

Luke 10:1–9 – “How to Live Sent”

Opening Reflection and Connection

Welcome everyone to the group.

Take a few minutes to reconnect and share how you’re doing in your life as a disciple of Jesus this week.

If you were part of the group last week:

- How did you do with your Deep Practice commitment?
- What did you learn or notice as you practiced it?

If this is your first session:

- Share briefly about your walk with Christ or what led you to join a discipleship group.

Remember: this is not about perfection—it’s about growth. We practice following Jesus together, one faithful step at a time.

Learning the Word – Sermon Summary

HOOK

You are called to be a disciple.

A disciple is someone who:

- Gains knowledge of the Rabbi,
 - Takes on the character of the Rabbi,
 - And does the things the Rabbi does.
- Jesus was sent by the Father—and now He sends us.
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HEAD — The Teaching

1. Jesus Sends Ordinary Disciples on an Extraordinary Mission (v.1)

- The mission is not limited to the Twelve. Jesus appoints seventy ordinary followers to go out.

- *Seventy* symbolizes both **the whole world** (Genesis 10) and **shared leadership** (Numbers 11).
- Every believer is called to share in God’s mission — ordinary people empowered for extraordinary purpose.

2. We Are Sent Where Jesus Intends to Go (v.1)

- The mission belongs to Jesus; we join what He is already doing.
- Like an **advance team**, our job is to prepare the way for Jesus in people’s hearts and places.

“We’re not the main event; we’re the ones preparing hearts for where Jesus intends to show up.”

3. The Mission Field Is Ready (v.2)

- The harvest is plentiful — there are people ready to hear and respond.
- The need is for more workers who are willing to go.
- Living sent means praying for laborers and being willing to be one.

4. Dependence on God, Not Self, Fuels the Mission (v.4)

- Jesus calls His followers to travel light and rely on God’s provision.
- A **motorboat** runs on stored power; a **sailboat** depends on the wind.
 - Self-reliance drains us.
 - Spirit-reliance moves us with God’s power and direction.

5. Build Relationships and Offer Peace (vv.5–9)

- Living sent means building relationships and offering *shalom*—wholeness, restoration, and peace through Christ.
 - Peace is not just calm feelings; it’s the offer of reconciliation with God and others.
 - When we live sent, we bring God’s peace into homes, workplaces, and communities.
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HEART

Pastor William shared his story of resisting God's call and later submitting to it—reminding us that discovering our calling is both a process and an act of surrender.

HANDS

The Lord has a place to send you:

- A place where you offer peace.
 - A place of relationship and trust.
 - A place where you depend on God's provision.
 - A place where people are ready to hear the message.
 - A place where Jesus intends to go.
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Discussion Questions (Bloom's Taxonomy)

Remember & Understand

1. What stood out to you from Luke 10:1–9?
2. Why is it important that Jesus sent *seventy others* and not just the Twelve?
3. What does it mean that the disciples were sent “where He himself intended to go”?

Apply

4. Where in your everyday life might Jesus be preparing the way ahead of you?
5. What would it look like for you to “raise your sails” and depend on the Spirit's wind this week?

Analyze

6. Compare the motorboat and sailboat metaphors. In what ways do we tend to operate more like one than the other?
7. What barriers keep believers from living sent in their communities?

Evaluate

8. When you think about your calling, do you see yourself more as a spectator, a laborer, or a sent one? Why?
9. How does offering *shalom* differ from just being “nice” or “peaceful” toward others?

Create

10. Imagine Jesus sending you on mission today. Where would He send you, and what would He say to you as you go?

Storying Exercise

Scripture Story: Acts 16:6–15 – *Paul’s Vision and the Conversion of Lydia*

Story Summary:

Paul and his companions wanted to preach in Asia but were prevented by the Spirit. In a vision, Paul saw a man from Macedonia asking for help. They obeyed, traveled there, and found Lydia, whose heart the Lord opened to respond. Through her, the gospel began to spread in Philippi.

Discuss:

1. How did Paul and his team stay sensitive to where Jesus was leading?
 2. How do you see God preparing the way for their mission before they arrived?
 3. What can this story teach us about being “sent where Jesus intends to go”?
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Deep Practice Commitment

Before closing, take a few minutes in silence to reflect and write down your **Deep Practice** for this week.

Ask:

- Where is Jesus sending me?
- What step of faith or relationship-building is He inviting me to take?
- How will I depend on God rather than myself as I go?

Encourage each person to share their commitment briefly with the group.

Closing Prayer Prompt

Pray together using the themes from Luke 10:

- Thank God for calling ordinary disciples to extraordinary mission.

- Ask for eyes to see where Jesus is already at work.
- Pray for courage to go, for dependence on the Spirit's wind, and for peace to flow through you into others' lives.
- End by praying:

“Lord, send us where You intend to go. Use us to offer Your peace and prepare hearts for Your presence.”