

RESPOND

*The King invites us
to trust Him and follow.*

God doesn't just see our hurt.
He comes to heal.
He binds up our wounds.
The King invites us to trust Him
and take the next step
as we follow Him.



RESPOND

*Read Psalm 147:1-11
slowly.*

As you read, ask:

What does the King invite
me to do with what I've heard?

What is one next step of trust
or obedience He may be calling
me to take?



THIS WEEK'S PRACTICES

*Choose one or two ways
to practice what you've learned.*

- ☐  Read Luke 15:1-7 (The Lost Sheep).
How is Jesus like the King
we discovered in Psalm 147?
- ☐  Ask someone,
"How is your heart today?"
- ☐  Pray for someone
who is hurting.

- ☐  Share one encouraging word
with another person.
- ☐  At dinner or before bed ask:
 What made your heart glad today?
 What made your heart hurt today?
- ☐  Pray together:
"Jesus, thank You for coming to us
when our hearts are hurting.
Help us trust You and help us
care for others. Amen."



MY NEXT FAITHFUL STEP

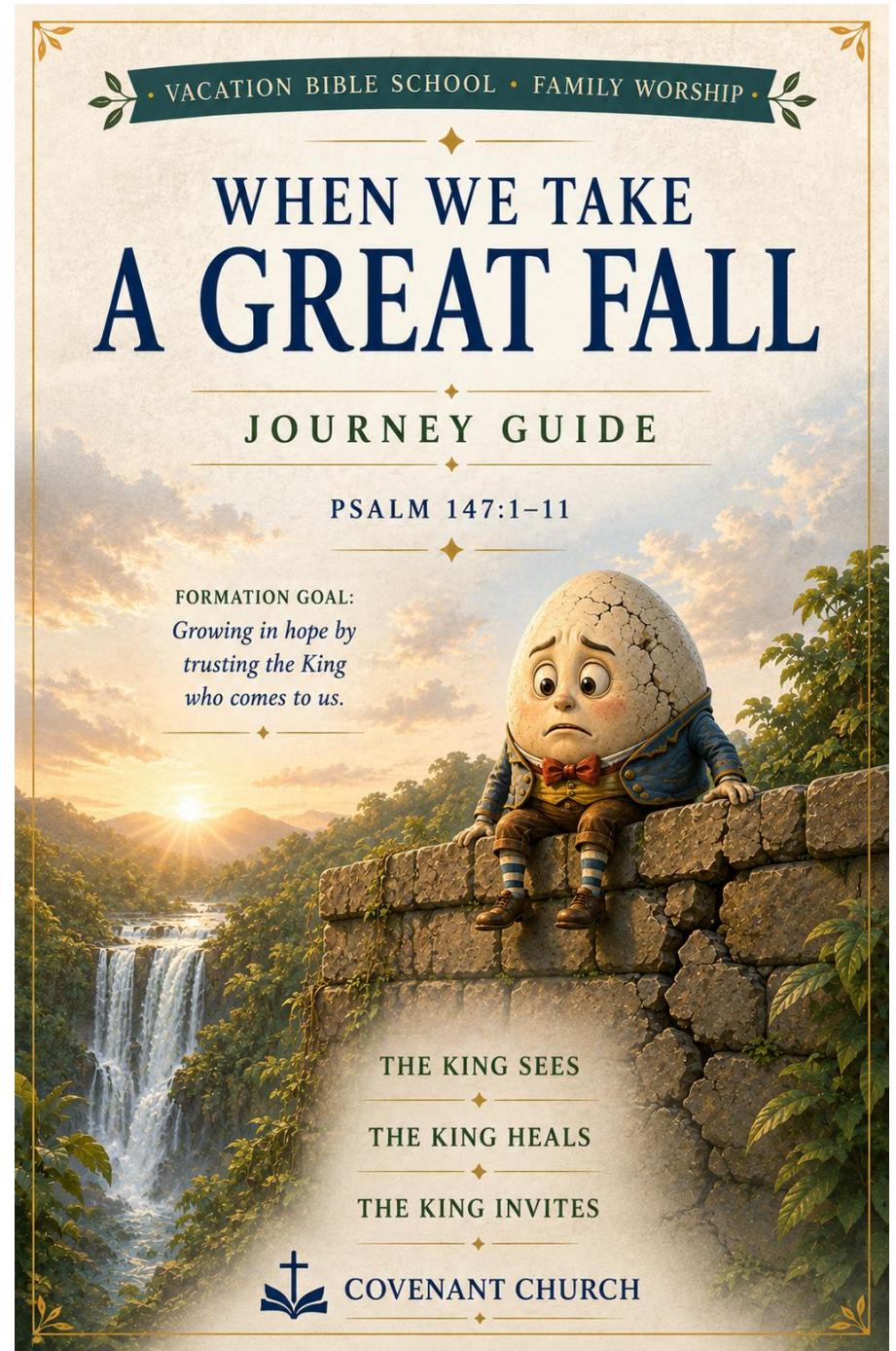
This week I believe Jesus is inviting me to...



AROUND THE TABLE TOGETHER

*Share and listen to one
another.*

- ◆ What is one thing you learned about God this week?
- ◆ Which practice do you want to try together?
- ◆ Who could we encourage this week?
- ◆ Who could we pray for today?



NOTICE

Hope begins by noticing where hearts are hurting.

One of the beautiful truths of Psalm 147 is that God notices what others often overlook. He counts the stars. He knows their names. And He also heals the brokenhearted.

Children sometimes scrape their knees. Adults sometimes carry hurts no one else can see. God sees both.



NOTICE

Read Psalm 147:1–11 slowly.

As you read, notice what God does.
What words describe His character?



MY HEART

Take a moment to be honest about your heart.

- ♥ When was the last time your heart felt hurt? _____
- ♥ How can you tell someone else's heart is hurting? _____
- ♥ Why do you think God notices hurting people? _____



AROUND THE TABLE TOGETHER

Share and listen to one another.

- ◆ Tell about a time someone noticed you were hurting. _____
- ◆ Why did that matter? _____
- ◆ Why do you think God wants us to notice hurting people? _____
- ◆ How could we do better in caring for hurting people? _____

LISTEN

The King comes close to those who are hurting.

The world often tells us to hide our hurts or pretend everything is fine. Psalm 147 tells a different story.

God welcomes honest hearts. He comes near. He binds up wounds. His love gives us hope.



LISTEN

Read Psalm 147:3–11 slowly.

As you read, ask:

What kind of King is God?
Listen for words that describe His heart.



WHAT I HEAR

As you read Psalm 147, what did you discover about God today?

- ♥ Which description of God brings you the most hope today? _____
- ♥ What did you learn about God's care for people who are hurting? _____



AROUND THE TABLE TOGETHER

Share and listen to one another.

- ◆ Which verse from Psalm 147 speaks most deeply to you? _____
- ◆ Why do you think God chooses to describe Himself as One who heals? _____
- ◆ What does it mean to place our hope in God's faithful love? _____
- ◆ How has someone reflected God's care to you during a difficult season? _____