

The Struggle is Real

Patience & Kindness

Galatians 5:16-26

“But I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. But if you are led by the Spirit, you are not under the law. Now the works of the flesh are evident: sexual immorality, impurity, sensuality, idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also keep in step with the Spirit. Let us not become conceited, provoking one another, envying one another.” **Galatians 5:16-26**

Main Idea: The Struggle Is Real, but Patience and Kindness Can Prevail in Christ

I. Practice Patience in All Circumstances

Patience as Endurance

“being strengthened with all power, according to his glorious might, for all endurance and patience with joy” **Colossians 1:11**

Patience as Waiting

“Wait for the Lord; be strong, and let your heart take courage; wait for the Lord!” **Psalms 27:14**

II. Pursue Kindness in All Relationships

“A man who is kind benefits himself, but a cruel man hurts himself.” **Proverbs 11:17**

“Or do you presume on the riches of his kindness and forbearance and patience, not knowing that God’s kindness is meant to lead you to repentance?”

Romans 2:4

Sources & Further Reading Opportunities:

- **NAC: Galatians – Colossians** – Max Anders (1999)
- **The Message of Galatians** – John Stott (1986)
- **Galatians** – Charles H. Spurgeon (2013)
- **Tyndale Bible Dictionary** – Elwell & Comfort (2001)
- **The Bible Exposition Commentary** – Warren Wiersbe (1996)
- **The Tony Evans Study Bible** – Tony Evans (2019)
- **Holman Concise Bible Commentary** – David Dockery (1998)
- **Word Pictures in the New Testament** – A.T. Robertson (1933)
- **IVP Bible Background Commentary: New Testament** – Craig S. Keener (1993)