

Read – Read the passage in its context several times. Read it slow enough to understand what God is saying through it.

- What ideas or words are emphasised, repeated or related in this passage?
- In your own words, what is the main idea of this passage? (Try to summarise these verses in 10 words or less)

Examine – Next, try to understand the specifics of what the passage is communicating.

- What do you notice about God? What has he done/is he doing in these verses?
- What do you learn about Jesus and his gospel from this passage?
- What does it reveal about people?
- How do you think the writer wanted his reader to respond to these words?

Apply - After seeking to understand God's Word in this passage, consider how he intends to use it in your heart and life today.

- How is Jesus' going away a comfort for the disciples rather than reason to fear? Where is he going? What is he promising to do? Consider his path into death, to his resurrection and ascension to the Father.
- Jesus' answer to Thomas is offensive. We are all excluded from self-saving. But when we see things as they are (our utter sinfulness and Jesus' absolute perfection and love), how might these words become a comfort?
- Jesus calls us to believe him (Accept that what he says is true and personally trust him). Are there things that keep you from believing him? Or, like the diciples, do you struggle to believe all he claims to be? How might

Jesus' words about his unity with the Father and his invitation to believe him address that?

• Take a few minutes to pray for those you know who don't trust in Christ and pray for one another too.