



Read – Read the passage in its context several times. Read it slow enough to understand what God is saying through it.

- What ideas or words are emphasised, repeated or related in this passage?
- In your own words, what is the main idea of this passage? (Try to summarise these verses in 10 words or less)

Examine – Next, try to understand the specifics of what the passage is communicating.

- What do you notice about God? What has he done/is he doing in these verses?
- What do you learn about Jesus and his gospel from this passage?
- What does it reveal about people?
- How do you think the writer wanted his reader to respond to these words?

Apply - After seeking to understand God's Word in this passage, consider how he intends to use it in your heart and life today.

- Do you see yourself in the passage? Or can you remember your first realisation of being poor, captive, blind, or oppressed? What did it take to honestly admit that Jesus rather than managing or masking it?

- Jesus declares “today” instead of “one day.” What would change in your life if you really believed that his freedom and favour are available to you right now, not at some future point when you’ve got yourself together?
- Jubilee requires those with power to release what they’re owed—where might you be holding onto a debt (relational, emotional, or even spiritual), and what would it look like to practice costly forgiveness as someone who’s been forgiven?
- If the gospel is something to be proclaimed, not just believed, who are the specific people in your world that need to hear this good news—and what’s actually stopping you from telling them?