

**Read** – Read the passage in its context several times. Read it slow enough to understand what God is saying through it.

- What ideas or words are emphasised, repeated or related in this passage?
- In your own words, what is the main idea of this passage? (Try to summarise these verses in 10 words or less)

**Examine** – Next, try to understand the specifics of what the passage is communicating.

- What do you notice about God? What has he done/is he doing in these verses?
- What do you learn about Jesus and his gospel from this passage?
- What does it reveal about people?
- How do you think the writer wanted his reader to respond to these words?

**Apply** - After seeking to understand God's Word in this passage, consider how he intends to use it in your heart and life today.

- What struck you most from this message?
- Can you remember a time when someone 'stepped forward' (maybe for you?)? Tell us about it.
- Of the three aspects of Christ's 'stepping forward', which captured your heart the most? Why?
- How might violence manifest in men? How does the gospel transform this? What role can the church play?

Spend some time in prayer; in praise of Jesus who took our cup; for one another and for the many who don't yet know Jesus who heard this sermon.