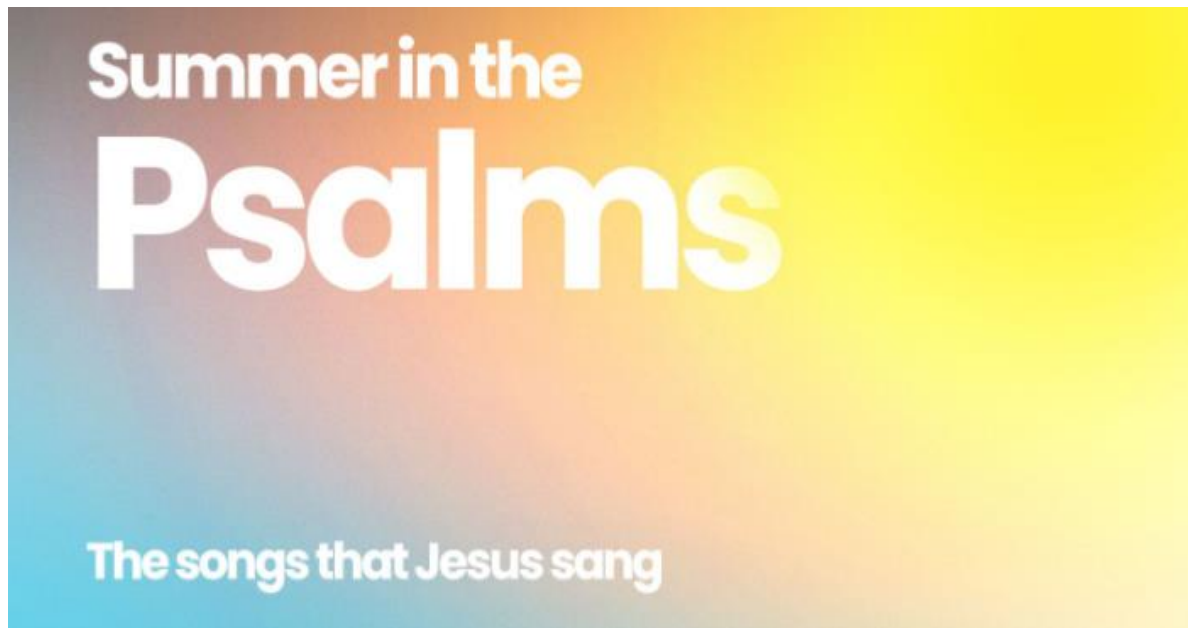




Lifting your soul up to God – Psalm 25

In complex and messy circumstances in facing adversity, confusion and the weight of his own sin, David lifts his soul up to God to plead with him and remember who God is. Join in as we hear from Psalm 25 about how to throw ourselves onto God in difficult situations and what it means to wait on the Lord Jesus.

For personal reflection/ community discussion:

1. What stood out to you most in this sermon?
2. What does it mean to lift up your soul to God? And what does it have to do with humanity being curved in on itself? (Repenting, pleading, remembering, asking forgiveness)
3. Do you remember a time in your life where you have felt similar to what David describes in the psalm? Or is it your current situation - like a car stuck in the mud? If you're comfortable, share a few things from that time and remember how God was with you in that time.
4. Where is Jesus in this psalm? Consider how he is the answer to David's prayer. What would it mean for you to wait on him and trust him today?