

Summer in the Psalms

THE SONGS THAT JESUS SANG

The Calm and Quiet Soul– Psalm 131

July 23, 2023

Join us as Pete Greasley preaches from Psalm 131, continuing our Summer in the Psalms series.

For personal reflection/community discussion

Read – Read the passage in its context several times. Read it slow enough to understand what God is saying through it.

- What ideas or words are emphasised, repeated or related in this passage?
- In your own words, what is the main idea of this passage? (Try to summarise these verses in 10 words or less)

Examine – Next, try to understand the specifics of what the passage is communicating.

- What do you notice about God? What has he done/is he doing in these verses?
- What do you learn about Jesus and his gospel from this passage?
- What does it reveal about people?
- How do you think the writer wanted his reader to respond to these words?

Apply - After seeking to understand God's Word in this passage, consider how he intends to use it in your heart and life today.

- What causes your soul to lose its peace?

- How do we humble ourselves?
- What 'mysteries' do you wrestle with and how does Deuteronomy 29:29 help?
- What do you hope for? Where is your hope focussed?
- Look at Psalm 94:19. What 'consolations' cheer your soul?
- Look at Job 23:8-10. In what way does this passage encourage you?