

Let Us Pray

Four Ways to Accept the Invitation To Prayer This Week

1. When You Don't Know What to Say → Show Up Anyway.

Scripture: Romans 8:26; Psalm 62:8

Practice for the Week:

Once a day, set a 2–5 minute timer. Sit quietly before God.

If words come, speak them. If they don't, simply say: *"Here I am, Lord."* Trust that the Holy Spirit is praying on your behalf.

Reminder: Presence matters more than polish.

2. When You're Afraid of God → Approach Him as Father.

Scripture: Hebrews 4:16; Romans 8:15

Practice for the Week:

Begin every prayer this week with the words:

"Father, because of Jesus, I come to You."

Let that truth reshape how you see God before you say anything else.

Reminder: You are invited, not tolerated.

3. When You Don't Think Prayer Works → Keep Showing Up.

Scripture: Galatians 6:9; Luke 18:1

Practice for the Week:

Choose **one thing** you've stopped praying about because you got tired or hurt. Commit to pray for it **once a day this week**, even if it feels pointless.

Do not measure faithfulness by results—measure it by perseverance.

Reminder: God is working, even when you can't see it.

4. When You Don't Think You Need God → Practice Dependence

Scripture: John 15:5; Proverbs 3:5–6

Practice for the Week:

Before making a decision—big or small—pause and pray:

"Lord, I need You. Lead me."

Do this at least once a day before acting.

Reminder: Prayer is not weakness; it is wisdom.