

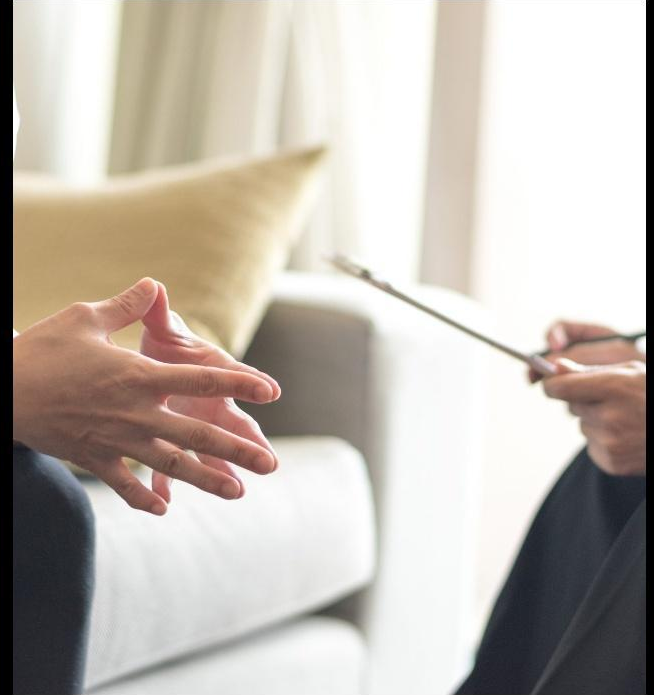


THE DEFINITION AND GOAL OF BIBLICAL COUNSELING

Definition

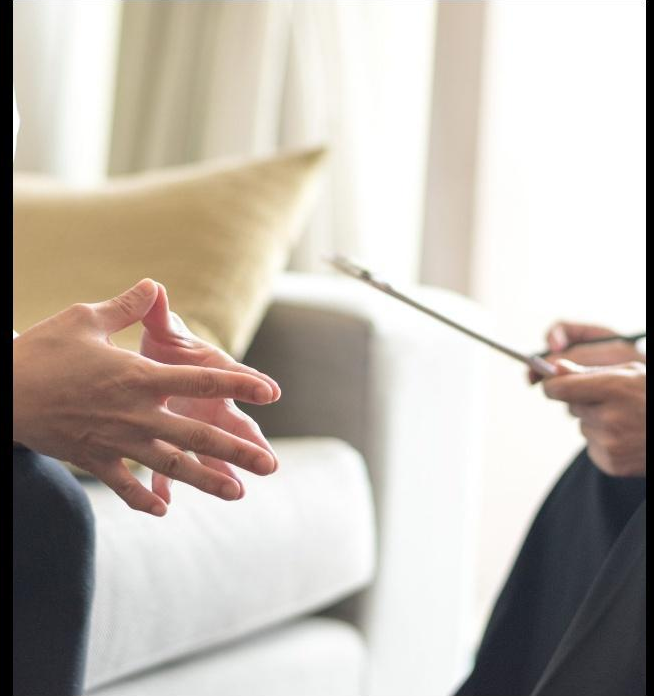
Biblical counseling is the personal discipleship ministry of God's people to others under the oversight of God's church, dependent upon the authority and sufficiency of God's Word through the work of the Holy Spirit.

Biblical counseling seeks to reorient disordered thoughts, desires, affections, behaviors, and worship toward a God-designed anthropology in an effort to restore people to a right fellowship with God and others.



Definition

This is accomplished by speaking the truth in love and applying Scripture to the need of the moment by comforting the suffering and calling sinners to repentance thus working to make them mature as they abide in Jesus Christ.



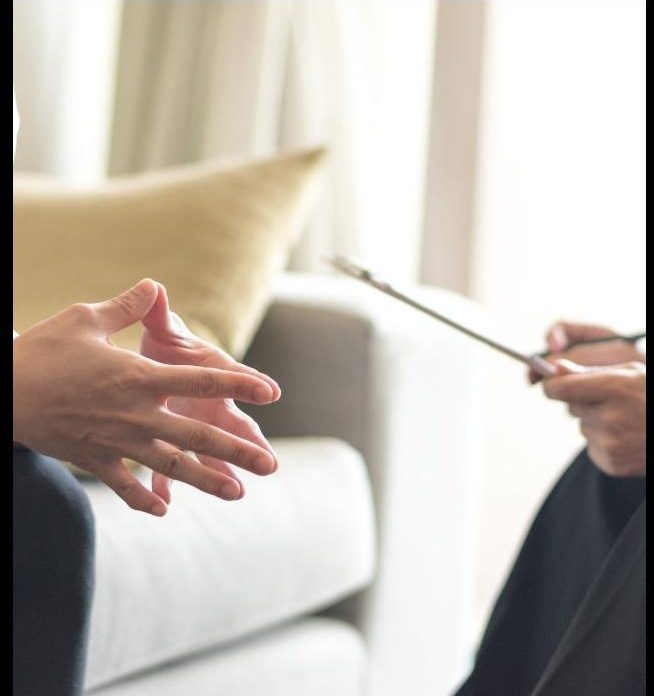
Essential Books

Adams, Jay E. *Competent to Counsel: Introduction to Nouthetic Counseling.*

Johnson, T. Dale Jr. *The Church as a Culture of Care.*

Powlison, David. *The Biblical Counseling Movement*

Lambert, Heath. *The Biblical Counseling Movement after Adams.*

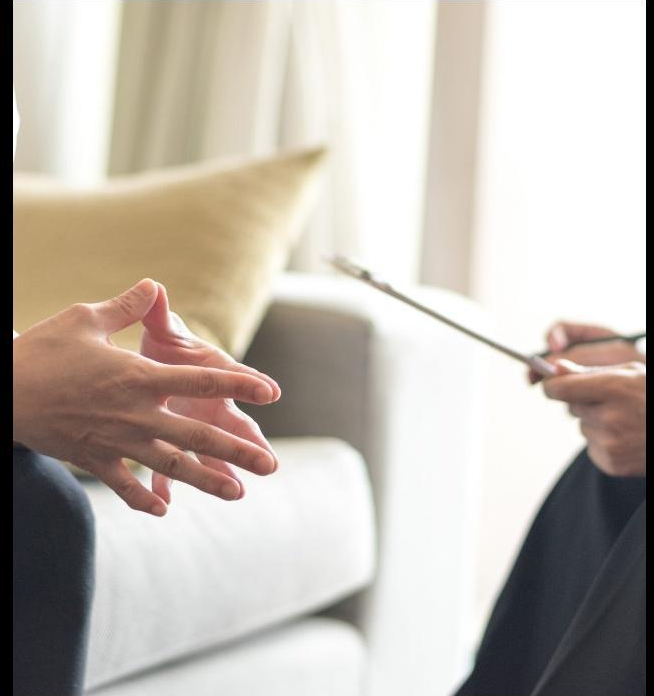


Essential Books

MacArthur, John. *Counseling: How to Counsel Biblically*

Shaw, Mark E. *The Heart of Addiction*

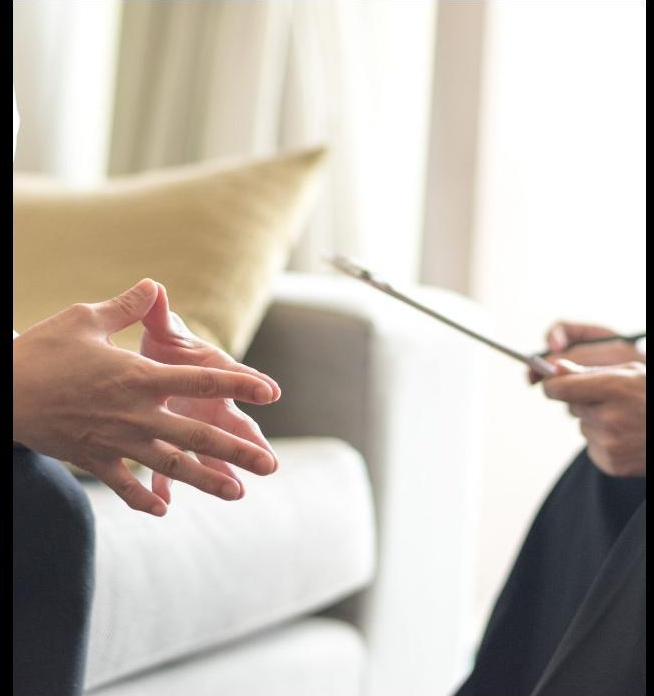
Ganz, Richard. *PsychoBabble*



While Counseling, Always Remember:

Romans 3:23 *"For all have sinned and fall short of the glory of God."* And **Matthew 7:5** *"You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye."*

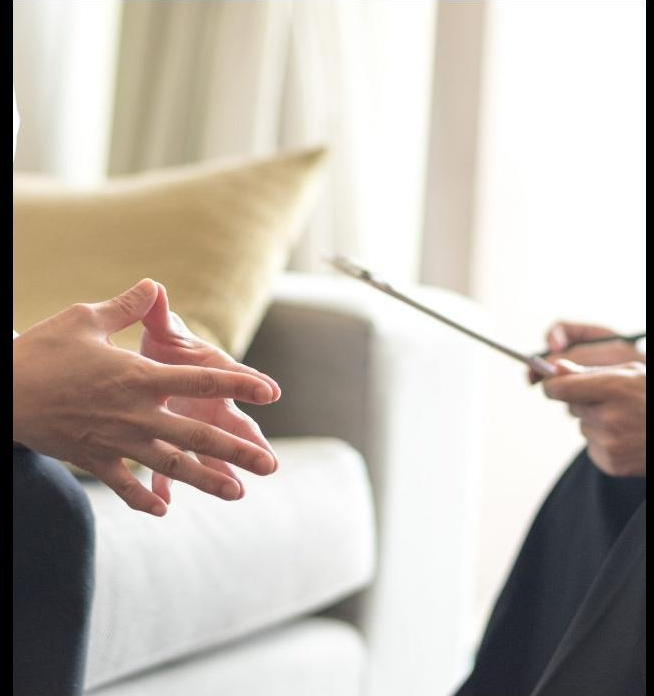
Before we can help others with their life-dominating sin, we must ensure that we are walking with Lord in a way that brings Him praise, glory and honor



While Counseling, Always Remember:

If I was to pick a few verses that have helped me understand the foundation of biblical counseling, it would be 2 Timothy 3:16 and 1 Thessalonians 5:14.

Biblical counselors, unfortunately, have had a reputation as only focusing on the admonishment part of 1 Thessalonians 5:14, I would plead that there also needs to be the encouragement, help, and patience displayed in our counseling.



The Motivation and Goal of Biblical Counseling is:

1st: Glorify and honor God. *So, whether you eat or drink, or whatever you do, do all to the glory of God. 1 Corinthians 10:31, Whatever you do, work heartily, as for the Lord and not for men. Colossians 3:23*



The Motivation and Goal of Biblical Counseling is:

2nd: Show God's Love. A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. By this all people will know that you are my disciples, if you have love for one another.
John 13:34-35



The Motivation and Goal of Biblical Counseling is:

3rd: Be Salt and Light. *In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven. Matthew 5:16*

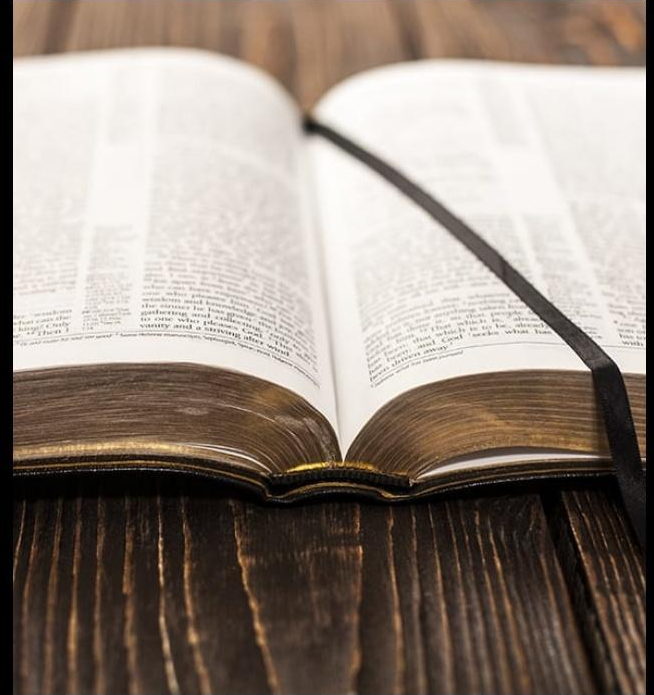


What Makes Biblical Counseling Biblical?

Biblical Wisdom

Christ-Centered Approach

Holistic Focus on the Individual:

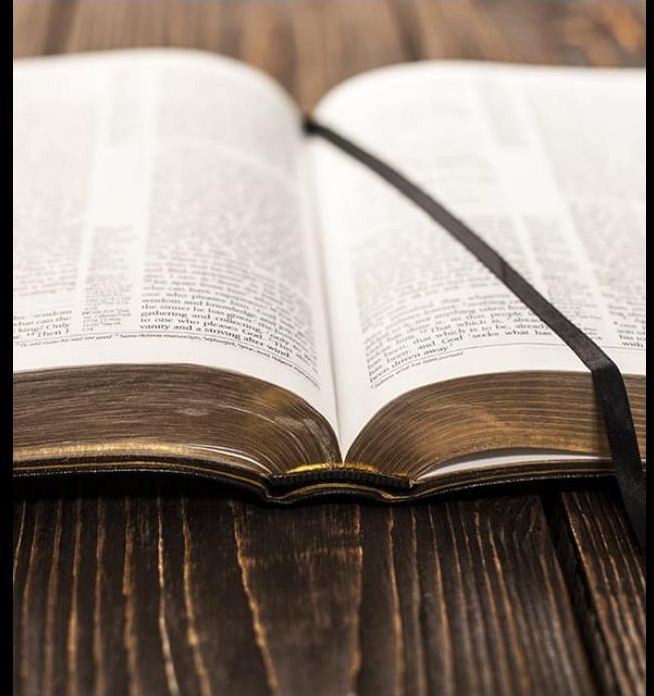


What Makes Biblical Counseling Biblical?

Emphasis on the Church Community

The Goal Is Glorifying God

Adherence to Biblical Truth:



Why Must Counseling Be BIBLICAL?

Protection from Man's Wisdom

Servant of God, Not Man

Biblical Truth

Practical Theology

Promotion of Righteous Living

