

Psalm Series Pt 2 “Hang On, I’m On the Way”

CENTRAL QUESTION:

How do we find the strength to endure when we feel stuck in life's darkest pits?

I. THE SEASON OF WAITING

Key Scripture: Psalm 40:1 "I waited patiently for the Lord; and he inclined unto me, and heard my cry."

The Reality of the Wait:

- We often live as "microwave Christians" wanting instant results
- God uses waiting seasons to teach us patience and trust
- Strength is renewed not in the escape, but in the waiting (Isaiah 40:31)

II. THE CONDITION OF THE PIT

A. THE HORRIBLE PIT

Psalm 40:2 - "He brought me up also out of an horrible pit, out of the miry clay..."

Key Insight: The "pit" represents places of despair, depression, and darkness where we feel trapped.

B. THE DANGER OF SELF-RESCUE

Analogy: Driving a four-wheeler in the mud.

- We often wiggle, squirm, and "grab gears" trying to get out on our own
- Our self-efforts frequently lead to making a bigger mess or destroying things
- The solution is to stop struggling and start calling for help

III. THE DIVINE RESPONSE (GOD’S THREE-FOLD ACTION)

ACTION #1: THE RESCUE

"He brought me up..."

- God reaches into the "slough of despond" or the swamp of despair
- He responds to the cry of desperation when we realize we are helpless

ACTION #2: THE STABILIZATION

"Set my feet upon a rock, and established my goings."

- Moving from slippery, uncertain ground to a solid foundation
- God provides a specific path and ordered steps for our lives

ACTION #3: THE REFRESHING

"He hath put a new song in my mouth, even praise unto our God."

- Replacing songs of sadness and stress with joy and peace
- This transformation serves as a testimony that others will see and trust

IV. HANG ON: EXAMPLES OF GOD ON THE WAY

- Jairus' Daughter: Even when the situation looked dead, Jesus was on the way
- The Disciples: They had to tarry in Jerusalem until the Comforter arrived
- The Return of Christ: John 14 promises that He is preparing a place and coming back

PRACTICAL APPLICATION:

- Recognize the "warning lights": If your "spiritual gas light" is on, call out to the Father immediately.
- Choose Obedience over Sacrifice: The Lord simply wants us to listen and trust His timing.
- Look to the Future: Understand that current misery does not dictate your future; God sees "flowers blooming" ahead.

KEY TAKEAWAY:

*No matter how deep the pit or how slick the clay, the Word of the Lord to you today is:
"Hang on, I'm on the way."*

SCRIPTURE REFERENCES FOR FURTHER STUDY:

Psalm 40:1-3 | Isaiah 40:31 | Psalm 37:23 | Mark 5:22-43 | Acts 2:1-4 | John 14:1-3