



Remember the Sabbath Day, To Keep It Holy

Scott Merriner – February 27, 2022

Small Group Discussion Questions

Getting Started

Take some time to catch up and connect as a group. Pray before discussion. Expect God to move through your time together!

Pacing Your Group

Move quickly through “observation” leaving enough time for “reflection”, “discussion”, and “surrender.”

Scripture Reading

Re-read the scripture passages as needed when you discuss the questions.

Observation: *What does this scripture passage say?*

Take some time to look up and read: Genesis 2:1-3, Exodus 20:8-11

1. Describe the sabbath established at creation (Genesis 2:1-3).
2. Give the sabbath details established in the 10 Commandments (Exodus 20:8-11).

Reflection and Discussion: *What are some first thoughts flowing from the scriptures?*

Talk together about how the scriptures connect to everyday life.

3. How did the Jewish Sabbath in the covenant with Moses help God’s people to trust and rest in him?
4. Take some time to look up and read: Matthew 5:17, Mark 2:23-28, Matthew 11:28-29, Colossians 2:16-17. How is Jesus the fulfillment of the Sabbath? What did Jesus have to say about sabbath rest?
5. How do various modern faith traditions and denominations interpret the 4th commandment in their theology and practice?
6. What intentional steps can we take to experience the 4th commandment under Christ’s rule, authority, and fulfillment of the Sabbath? What does it look like in everyday life? Describe your current sabbath experience OR the sabbath you would like to enjoy.

Surrender: Responding to God’s voice.

7. What is one thing God is saying to you through this study and discussion?

**** Take some time to pray for one another in response to what has been discussed today ****

We’re here!

We would love to hear about how things are going in your small group!
Reach out any time with questions, ideas, thoughts, or concerns.

Contact Care & Community Pastor, Michael Warren, (907) 646-4830, communitylife@changepointalaska.com