

Community Life

Living as a community intentionally focused on cultivating the life of Christ in others.

GROUP GUIDE

LIFE HACKS – wk 2: The 1% Grade Principle

ARRIVAL/CONNECTING and SNACK: (15 Minutes) Spend time catching up and socializing with one another. Follow up on prayer requests and any action steps from your last time together.

SHORT OPENING PRAYER FOR YOUR TIME TOGETHER: (2 minutes)

SCRIPTURE READING: (10 minutes)

For today's discussion, we are going to enjoy a longer section of Scripture. To set the context, it may help to spend 2 or 3 minutes giving a quick overview of **Hebrews 12:1-11**. Then have someone read **Hebrews 12:1-4** out loud and slowly enough for everyone to enjoy. Reflect quietly for a moment. Keep your Bibles open here as you discuss and read the next section.

OBSERVATION and REFLECT: 10 minutes

- 1. What are some examples of "weight" or hinderences in your life that seem to entangle you?
- 2. How do those examples affect your ability to keep moving forward in your life?
- 3. Why is it important to "fix your eyes on Jesus" regardless of your circumstances?

SCRIPTURE READING #2: (2 minutes)

Have someone read **Hebrews 12:5-11** out loud and slowly enough for everyone to enjoy.

REFLECT and DISCUSS: 10 minutes

- 4. What is the significance of God calling us "sons"?
- 5. Have you ever experienced God's disciplining you? Share some examples.
- 6. What is the reason for God correcting His children?
- 7. While pain or correction or trials aren't fun, name some ways that God has grown you and brought you through tough circumstances.

PLAN TO CHANGE: 20 minutes

- <u>What is one way</u> that you can press on even in the midst of hardship or pain?
- What is one step you can take this week to make that happen. Plan to report back to the group next week with the progress you make.

CLOSING PRAYER: 10 minutes

Take a few minutes to pray for one another in light of what has been shared and discussed today.